


Why get vaccinated?

Here are some things to consider about recommended vaccines.


Did you know that people living in a nursing home, assisted living, or other long-term care facility may be at higher risk of getting respiratory viruses like flu, COVID-19, and RSV?

The good news is that vaccination is one of the best ways to protect you and your loved ones. That means more time to spend with family, friends, and caregivers and less time feeling sick or in hospitals.


Why are flu, COVID-19, and RSV vaccines important?



They can protect you and your loved ones from severe illness and hospitalization.



They help the body build defenses to fight off illness, since protection from being previously vaccinated may weaken over time.



They provide additional protection for people, including those with chronic health conditions, like diabetes and heart disease.

Talk to a medical professional you trust to ask about vaccines that are recommended for you.



www.cdc.gov/vaccines/imz-schedules/adult-easyread.html