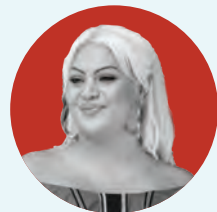


## GET INFORMED

# Make the right choice for you.



I'M READY FOR PrEP



I'M IN CONTROL OF MY SEXUAL HEALTH



## Frequently Asked Questions

- Q** Can I take PrEP during pregnancy or while breast/chestfeeding?
- A** If you are considering getting pregnant, talk to your health care provider about PrEP if you're not already taking it. PrEP may be an option to help protect you and your baby from getting HIV before or during pregnancy or while breast/chestfeeding.
- Q** Can I take PrEP while on hormone therapy?
- A** If you are worried that PrEP will affect your hormone therapy, ask your health care provider to check your hormone levels. There are no known drug conflicts between PrEP and hormone therapy, and there is no reason why the drugs cannot be taken at the same time. People who use PrEP should see their health care provider regularly for follow up HIV tests, shots, or prescription refills. Some of these visits may be able to be combined with your hormone therapy appointments.
- Q** Are there any side effects to PrEP?
- A** Some people in clinical studies of PrEP had early side effects such as an upset stomach or loss of appetite, but these were mild and usually went away in the first month. Some people also had a mild headache. No serious side effects were observed. You should tell your health care provider if these or other symptoms become severe or do not go away.



SCAN TO LEARN MORE OR VISIT:  
[cdc.gov/StopHIVTogether](https://cdc.gov/StopHIVTogether)



Ending the HIV Epidemic

# ARE YOU READY FOR PrEP?

You Are in Control.



Ending the HIV Epidemic

# PrEP 101

TELL ME MORE!



## PrEP Basics

PrEP stands for pre-exposure prophylaxis. PrEP can help prevent you from getting HIV if you are exposed to the virus.

The word "prophylaxis" means to prevent or control the spread of an infection or disease.

When taken as prescribed, PrEP is highly effective for preventing HIV. PrEP can be pills or shots.



ONE PILL DAILY

OR



ONE SHOT EVERY TWO MONTHS

## How Does It Work?

PrEP IS HIGHLY EFFECTIVE FOR PREVENTING HIV

PrEP reduces the risk of getting HIV from sex by about 99% when taken as prescribed. Although there is less information about how effective PrEP pills are among people who inject drugs, we know that PrEP pills reduce the risk of getting HIV by at least 74% when taken as prescribed.



Some of the same medicines prescribed for the treatment of HIV can also be prescribed for its prevention.

When taken as prescribed, PrEP can provide a high level of protection against HIV, but only condoms protect against other STDs like syphilis and gonorrhea.



People who use PrEP should take it as prescribed and return to their health care provider as advised for follow-ups or prescription refills.



# PrEP Access

## How Can I Start PrEP?

Talk with your doctor or health care provider to determine if PrEP is right for you.

If you and your health care provider agree that PrEP can reduce your risk of getting HIV, he or she will test you for HIV and other sexually transmitted diseases.



Your health care provider will also test to see if your kidneys are working well.

You'll also need to be tested for HIV prior to each PrEP shot.



If PrEP is a good option for you, your health care provider will give you a prescription or a shot regularly.

## How Do I Pay for PrEP?

PrEP IS COVERED BY MOST INSURANCE PROGRAMS

If you do not have insurance, your health care provider can direct you to medication assistance programs that may help pay for PrEP.



You can also contact your local health department and HIV/AIDS service organizations for more information.



# Is PrEP right for me?

## I AM THINKING ABOUT PrEP TO PREVENT HIV. WHAT NOW?

- ✓ Do your research. Seek out information to help you decide.
- ✓ Make a list of why you think PrEP would be right for you.
- ✓ Talk to your health care provider if you have more questions.



## Questions to Ask Your Provider:



Would PrEP be a good option for me?

Are there any side effects to PrEP?

What else can I do to lower my risk of getting HIV?

How much would PrEP lower my risk of getting HIV?

Can I get help paying for PrEP?

Will the daily pill work for my routine?

Will you prescribe and manage PrEP for me?

How often will I be tested for HIV and other sexually transmitted diseases?

## If you decide PrEP is right for you:

- ✓ Follow your health care provider's advice about how to take your pill. This will give it the best chance to prevent HIV.
- ✓ Tell your health care provider if you have trouble remembering to take your pill or want to stop PrEP.