



**Know the risks.  
Spot the signs.  
Act fast.**

**GET AHEAD  
OF SEPSIS**

## Signs or Symptoms

A patient or resident with sepsis might have one or more of the following signs or symptoms:



**Clammy or  
sweaty skin**



**High heart rate or  
low blood pressure**



**Extreme pain  
or discomfort**



**New onset or  
increased confusion  
or disorientation**



**Fever, shivering,  
or feeling very  
cold**



**Shortness  
of breath**

Gather the following information for the patients you are caring for and communicate it to hospital healthcare professionals, in addition to telling them you suspect sepsis:

- Medications
- Allergies
- Pre-existing conditions
- Other risk factors for sepsis

**GET AHEAD  
OF SEPSIS**

Learn more at  
[cdc.gov/sepsis](https://cdc.gov/sepsis)



Pub ID: 301484