

STIGMA REDUCTION

ADDICTION
CAN HAPPEN
TO ANYONE

Using drugs over time, even prescription medication, can change a person's brain and make taking more drugs difficult to resist. Mental health problems, stress, and other issues can increase the risk of becoming addicted.



PEOPLE
OVERCOME
ADDICTION
EVERY DAY.

Substance use disorders are treatable diseases. It can be difficult, but recovery from addiction is possible. Supporting people in their recovery journey and ensuring they know they are not alone can make all the difference.



LEARN MORE:

[CDC.GOV/STOOVERDOSE](https://www.cdc.gov/stooverdose)

RECOVERY DOES NOT LOOK THE SAME FOR EVERYONE

There is no single road to recovery from a substance use disorder. It looks different for everyone and may involve relapse before achieving long-term recovery. The important thing is for people to keep trying and find a treatment that works best for them.

THERE ARE SAFE AND EFFECTIVE TREATMENT OPTIONS

There are safe and effective ways to recover from substance use disorder. It may involve medication to help with cravings and withdrawal or different forms of therapy. Finding the right treatment option can be the key to a successful recovery journey.