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**Professional Wellbeing Plan Outline**

**How to use this plan:**

* Use the following chart to help identify what goals your Professional Wellbeing Team will accomplish over the next 12 months.
* List your goals by intervals of three, six, and 12 months for each of the categories (individual support, measurement, and operational).
  + **Individual Support Goals**: Focus on improving individual professional wellbeing among staff.
  + **Measurement Goals**: Focus on continuously assessing professional wellbeing among staff.
  + **Operational Improvement Goals**: Focus on implementing operational changes that support professional wellbeing.
* Choose whether you’d like to add an ownership column as you decide which team members should be responsible for and lead each goal.

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| --- | --- | --- | --- |
| **Goal** | **Month 3** | **Month 6** | **Month 12** |
| **Individual  Support Goal:** |  |  |  |
| **Measurement Goal:** |  |  |  |
| **Operational Improvement Goal:** |  |  |  |