



## Early Release of Selected Estimates Based on Data From the 2025 National Health Interview Survey

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### About This Early Release

In this release, the National Center for Health Statistics' (NCHS) National Health Interview Survey (NHIS) Early Release Program provides estimates for 22 key health indicators based on data from the 2025 NHIS. These estimates are being published prior to final data editing and final weighting to provide access to the most recent information from NHIS. Estimates of key health indicators are provided in a data query tool ([Interactive Biannual Early Release Estimates](#)) in addition to the table below. The data query tool provides estimates in both a tabular and graphical format, and it allows for viewing of estimates over time and by select characteristics. The table below includes estimates based on the full year of 2025 NHIS data, which are not available in the tool. Details about the NHIS and these indicators can be found in the [Technical Notes](#).

Selected key health indicator <sup>1</sup>	Jan-Jun 2025	Jul-Dec 2025	Jan-Dec 2025
Disability status	9.7 (9.2-10.3)	10.0 (9.2-10.7)	9.8 (9.4-10.4)
Six or more workdays missed due to illness, injury, or disability in the past 12 months	13.3 (12.4-14.2)	12.3 (11.5-13.2)	12.8 (12.2-13.5)
Asthma episode in the past 12 months	3.7 (3.3-4.1)	3.7 (3.2-4.1)	3.7 (3.4-4.0)
Diagnosed hypertension in the past 12 months	27.6 (26.7-28.6)	27.9 (26.7-29.1)	27.8 (27.0-28.5)
Regularly experienced chronic pain	20.7 (19.8-21.6)	20.9 (19.9-21.9)	20.8 (20.1-21.5)
Regularly had feelings of worry, nervousness, or anxiety	12.4 (11.8-13.0)	12.7 (11.9-13.5)	12.5 (12.1-13.0)
Regularly had feelings of depression	4.4 (4.0-4.9)	4.6 (4.1-5.1)	4.5 (4.2-4.8)
<b>Health care service use</b>			
Doctor visit in the past 12 months	84.1 (83.4-84.8)	85.8 (84.6-86.9)	84.9 (84.2-85.6)
Hospital emergency department visit in the past 12 months	20.4 (19.5-21.3)	21.4 (20.6-22.2)	20.9 (20.2-21.5)
Counseled by a mental health professional in the past 12 months	13.2 (12.4-13.9)	13.7 (12.8-14.6)	13.4 (12.1-13.9)
Blood pressure check in the past 12 months	87.0 (86.4-87.5)	88.1 (87.0-89.1)	87.5 (86.9-88.1)
Dental exam or cleaning in the past 12 months	66.5 (65.3-67.6)	66.9 (65.3-68.5)	66.7 (65.6-67.8)
Receipt of influenza vaccination in the past 12 months	42.6 (41.4-43.7)	41.1 (39.7-42.4)	41.8 (40.8-42.8)
<b>Health care access</b>			
Did not get needed medical care due to cost in the past 12 months	6.1 (5.6-6.7)	5.9 (5.3-6.5)	6.0 (5.6-6.4)
Did not get needed mental health care due to cost in the past 12 months	5.6 (5.2-6.0)	5.2 (4.5-5.8)	5.4 (5.0-5.8)
Did not take medication as prescribed to save money in the past 12 months	7.2 (6.7-7.7)	7.8 (7.1-8.5)	7.5 (7.1-7.9)

Selected key health indicator <sup>1</sup>	Jan-Jun 2025	Jul-Dec 2025	Jan-Dec 2025
<b>Health insurance coverage</b>			
Uninsured at time of interview (adults aged 18-64)	11.6 (10.8-12.5)	11.5 (10.4-12.7)	11.6 (10.9-12.3)
Private health insurance coverage at time of interview (adults aged 18-64)	69.9 (68.8-71.0)	68.9 (67.3-70.5)	69.4 (68.3-70.5)
Public health plan coverage at time of interview (adults aged 18-64)	20.4 (19.5-21.4)	21.6 (20.5-22.8)	21.0 (20.2-21.9)
Exchange-based health plan coverage at time of interview (adults aged 18-64)	7.3 (6.7-8.0)	6.9 (6.2-7.7)	7.1 (6.6-7.7)
<b>Health behaviors</b>			
Current cigarette smoking	9.4 (8.8-10.1)	8.8 (8.0-9.7)	9.1 (8.6-9.7)
Current electronic cigarette use	6.5 (6.0-7.2)	6.8 (6.3-7.4)	6.7 (6.2-7.2)

<sup>1</sup>The questions used to define each indicator are listed in the Appendix and detailed information about indicators based on multiple questions may be found in the [Technical Notes](#).

NOTE: Data are based on household interviews of a sample of the civilian noninstitutionalized population.  
 SOURCE: National Center for Health Statistics, National Health Interview Survey, 2025.