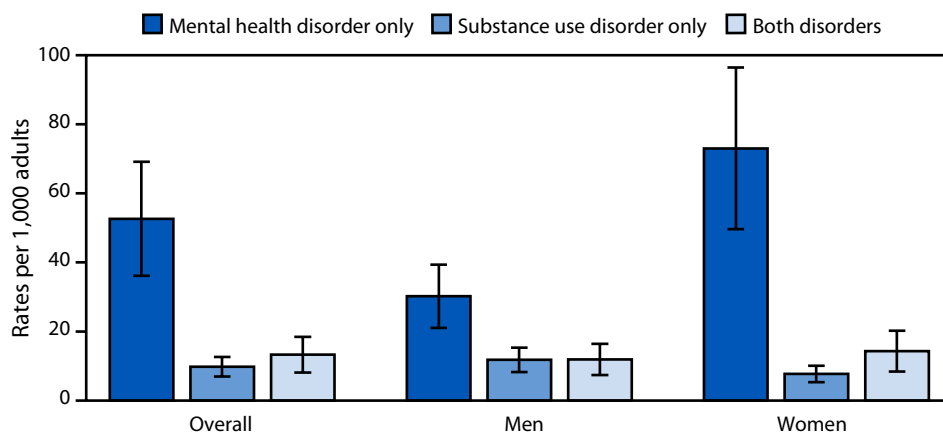


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Health Center* Visit Rates,[†] by Adults Aged ≥18 Years with Mental Health Disorder,[§] Substance Use Disorder, or Both, by Sex — United States, 2023



* Health centers are community-based clinics that offer access to primary care to underserved communities.

[†] Visit rates, with 95% CIs indicated by error bars, are based on July 1, 2023, estimates of the U.S. civilian, noninstitutionalized population developed by the U.S. Census Bureau.

[§] Based on a sample of approximately 100.4 million visits made by adults. Mental health disorders are defined as visits with an *International Classification of Diseases, Tenth Revision, Clinical Modification* (ICD-10-CM) code F01–F09 or F20–F99. Substance use disorders are defined as visits with an ICD-10-CM code F10–F19. Mental health disorder only and substance use disorder only are mutually exclusive categories.

In 2023, the health center visit rate for adults with a mental health disorder was 52.6 visits per 1,000 adults. This rate was higher than the rate of visits for a substance use disorder (9.8) or both disorders (13.3). This pattern was similar for men and women. The visit rate for women with a mental health disorder (73.0) was higher than the rate for men (30.2), but the rates for visits with a substance use disorder or both disorders were similar among both men and women.

Supplementary Table: <https://stacks.cdc.gov/view/cdc/174550>

Source: National Center for Health Statistics, National Ambulatory Medical Care Survey Health Center Component, 2023.

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For more information on this topic, CDC recommends the following link: <https://www.cdc.gov/mental-health/caring/index.html>