

STRENGTHS ASSESSMENT FORM

Linkage Coordinator's Copy

Client ID: 0739

LC's Name: Dan Johnson

Date: 7/25/10 Session Number: 5

Is this the first assessment completed for the client, or is it an amendment?

Updated

1. What strengths, abilities, or skills did the client identify (either directly or indirectly)?

a. Strengths:

- *Resourceful*
- *Desire to seek care*
- *Desire to obtain stable housing*
- *Knowledgeable about HIV disease*
- *Overcame fear of stigma and attended medical appointment*
- *Desire to have continued support for other needs*
- *Desire to obtain employment*

b. Skills:

- *Has survived on his own for four years*

c. Abilities

- *Able to understand information provided to him*

d. Which items from the Life Domains List, if needed, prompted the client?

- *Function independently*

2. What examples did the client give about a time when s/he successfully faced barriers?

a. What did s/he do to overcome the barriers?

Josh clearly is a strong person to overcome being homeless and seeking help.

3. What did the client explicitly say s/he was good at?

Josh did not explicitly say anything he was good at.

4. What did the client implicitly say s/he was good at? i.e. What did you hear him/her say?

Josh spoke extensively about his time living on the streets, and how he was able to get occasional food, shelter, and other resources by finding a local youth center and other programs offering assistance to homeless youth. This shows his resourcefulness and ability to survive on his own.

- a. Did the client agree with what you heard as something s/he is good at once you repeated it back?

Josh agreed, but stated that he was just “doing what I have to do to get by.”

5. What example(s) did the client give about a time/experience when s/he felt like most things were going well in his/her life? What was s/he doing to make them go well?

Josh talked about his early teenage years before his mom remarried, when it was just him and his mom. She was working to support them, so Josh would help her by cleaning and cooking meals. He felt this was a time when they were really getting along and things were going well in their lives. He remembers feeling good that he was able to help his mom and make things better around the house.

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Date: 7/25/10

Session Number: 5

New Assessment or Updated Assessment? (Underline one)

1. My strengths, abilities, or skill identified:

a. Strengths:

- *Resourceful*
- *Desire to seek care*
- *Desire to obtain stable housing*
- *Knowledgeable about HIV disease*
- *Overcame fear of stigma and attended medical appointment*
- *Desire to have continued support for other needs*
- *Desire to obtain employment*

b. Skills:

- *Survived on my own for four years*

c. Abilities:

- *Able to understand information provided to me*

d. Items from the Life Domains List:

- *Function independently*

2. Examples I gave about a time(s) that I successfully faced barrier(s) in my life:

a. Examples of barrier(s):

b. Things I did to overcome the barrier(s):

I'm a strong person to overcome being homeless and seeking help.

3. Things I'm good at:

Living on the streets. I sometimes go to a youth center for get food, shelter, and other things. I also find other programs offering assistance to homeless youth.

4. Example(s) of when I felt like most things in my life were going well:

a. Things I did to make them go well:

When I was younger, before my mom remarried, it was just her and me. She was working to support us, so I would help her by cleaning and cooking meals. We were really getting along and things were going well. I felt good that I was able to help my mom and make things better around the house.