## ARTAS SESSION PLAN

Date: 7/25/10

Name: Josh Stanton

**Client ID:** 0739

**Linkage Coordinator:** Dan Johnson

## **Goal 1: Link to Medical Care**

Objective 1: Go to a medical appointment within 3 months

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Discuss importance of linkage to medical care	Desire to seek medical care	No stable housing  Not sure how to pay for appointment	Ongoing	Josh, Dan	Achieved
2	Discuss concerns about seeing a medical provider	Desire to seek medical care	No stable housing  Not sure how to pay for appointment	By second session	Josh, Dan	Achieved
3	Identify potential solutions to concerns and barriers to seeking care	Desire to seek medical care Resourceful	No stable housing  Not sure how to pay for appointment	By third session	Josh, Dan	Achieved
4	Identify potential medical providers	Desire to seek medical care	None	By fourth session	Josh, Dan	Achieved
5	Attend first appointment with medical provider	Overcame fear of stigma and attended medical appointment	Transportation	By fifth session	Josh	Achieved

Objective 2: Identify payment options for medical appointment within 2 months

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Identify potential insurance options	Desire to seek medical care Resourceful	No employment	By second session	Josh, Dan	Achieved
2	Research eligibility for Medicaid	Desire to seek medical care Resourceful	No computer/internet connection	By third session	Josh, Dan	Achieved
3	Apply for Medicaid	Desire to seek medical care Resourceful	Transportation	By fourth session	Josh, Dan	Achieved

## **Goal 2: Find stable housing**

Objective 1: Find temporary housing within two months

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Identify temporary housing with openings	Able to understand information provided	Housing waitlist	By third session	Josh, Dan	Achieved
		Desire to obtain stable housing				
2	Apply for temporary housing	Able to understand information provided	None	By fourth session	Josh, Dan	Achieved
		Desire to obtain stable housing				
3	Move in to temporary housing location	Desire to obtain stable housing	Transportation	By fifth session	Josh	Achieved

Objective 2: Find permanent housing within nine months

No.	Activity	Related Strengths	Potential Barriers	Target Date	Person(s) Responsible	Progress
1	Research availability of housing options	Able to understand information provided	No employment	By fifth session	Josh	Ongoing
		Desire to obtain stable housing				
2	Identify permanent housing options within my budget	Able to understand information provided Desire to obtain stable housing Resourceful	No employment	Post- ARTAS	Josh	To be addressed with long-term counselor
3	Apply for permanent housing	Desire to obtain stable housing Resourceful	No employment Housing waitlist	Post- ARTAS	Josh	To be addressed with long-term counselor