# Module 4

# Audio Descriptive Text

The video opens with soothing music, voiceover narration, and image of a water fountain in a school hallway. This transitions to an image of the three strategies schools can use to improve access to drinking water (ensure water is safe, increase access, promote water). The third step, promote water, is circled, and the narration states that promoting water is the final step schools can take to ensure students and staff have adequate access to water during the school day. The video transitions to a slide that describes findings from a research study (Kenney et al. Am J Public Health. 2015 Aug;105(8):e113-8.) which showed that when water was promoted and cups were provided in the cafeteria during lunch, more students chose water, students drank more water, and fewer students were observed having sugary drinks. As the soothing music continues, the slides transition to examples of ways to promote water including images of murals and student art; posters and signage from the Harvard Prevention Research Center on Nutrition and Physical Activity; tip sheets for caregivers, parents, and students, from the National Drinking Water Alliance and the CDC; water themed curricula from the US Environmental Protection Agency; presentation from local water utility at school or community events.

Soothing music continues to feature the Water First Toolkit for Promoting Water Intake in Community Settings which was developed by the University of California, San Francisco, and the EPA Drinking Water Activities for Students and Teachers web page. This transitions to an Access Resources slide with Harvard Prevention Research Center on Nutrition and Physical Activity’s Grab a Cup, Fill It Up! resources <https://www.hsph.harvard.edu/prc/2015/07/17/grab-a-cup-fill-it-up/>, the National Drinking Water Alliance Fact Sheets <https://www.drinkingwateralliance.org/facts>, CDC’s Drinking Water Availability in Schools. How Can You Help? fact sheet <https://www.cdc.gov/healthyschools/parentsforhealthyschools/pdf/P4HS_Water.pdf>, the US Environmental Protection Agency’s Drinking Water Activities for Students and Teachers web page, <https://www.epa.gov/ground-water-and-drinking-water/drinking-water-activities-students-and-teachers>, and the University of California, San Francisco’s Water First Toolkit for Promoting Water Intake in Community Settings <https://45daf280-3359-4d8c-9870-5c5f730d8448.filesusr.com/ugd/9c073b_25904e219560415a8bd7248e2e6038b0.pdf>.

The slides transition to text with “Please continue to the Knowledge Check” and moves on to the final slide with the CDC Healthy Schools URL, <https://www.cdc.gov/healthyschools/> and the CDC logo at the bottom left of the screen and Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health on the bottom right, music fades out.