

SUBJECTIVE COGNITIVE DECLINE AMONG WOMEN

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Women in 46 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 10 women aged 45 years and older are experiencing Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

44% of women with SCD had to give up day-to-day activities



84% of women with SCD have at least one chronic condition

one in three of women with SCD say it interfered with social activities, work or volunteering



less than half of women with SCD have discussed their symptoms with a healthcare provider

38% of women with SCD need help with household tasks



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