

SUBJECTIVE COGNITIVE DECLINE AMONG HISPANIC ADULTS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Hispanic Adults in 46 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 9

Hispanic adults aged 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

60% of people with SCD had to give up day-to-day activities



77% of people with SCD have at least one chronic condition

one in three of people with SCD say it interfered with social activities, work or volunteering



less than half of people with SCD have discussed their symptoms with a healthcare provider

46% of people with SCD need help with household tasks



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