

How to prepare food safely

Wash your hands with treated water before you eat or cook.



Use treated water for cooking.



Cook food well, especially seafood.

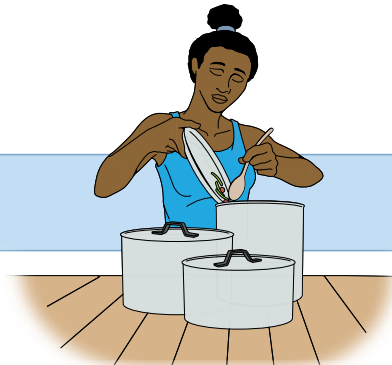


Eat cooked food hot!

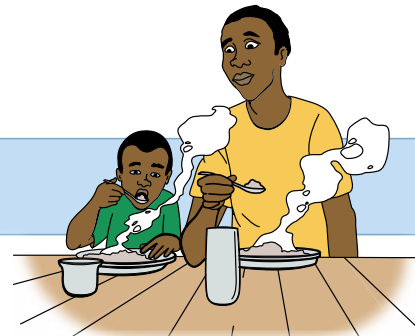
Clean kitchen surfaces, pans, and utensils with soap and treated water.



Cover cooked food before storing. Reheat before eating.



Only eat food you or someone you trust cooks.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention