



Everyday Actions

for Schools to Reduce the Spread of Infections

Use these Everyday Actions to reduce spread:



Promote regular **hand washing**.

- Set daily routines.
- Provide sufficient supplies.
- Teach and monitor handwashing skills.



Support **covering** of coughs and sneezes.

- Make tissues easily accessible.
- Encourage hand washing after blowing nose.
- Encourage covering of mouth with elbow.



Support **vaccination**.

- Provide families and staff with information about vaccination.
- Give staff paid time off for vaccination.
- Host vaccination clinics at schools.



Clean and **disinfect** surfaces and shared items, including:

- Desks,
- Countertops,
- Doorknobs,
- Faucet handles, and
- Toys.



Take steps for **cleaner air**.

- Maintain and update HVAC systems.
- Open windows or go outside.
- Use fans or portable air cleaners.

You can reduce the spread of illness with **Everyday Actions!**

Helping students and staff consistently apply daily infection prevention strategies can reduce the spread of common illnesses like colds, flu, and stomach bugs and support school attendance and learning.

Learn more at: <https://www.cdc.gov/children-and-school-preparedness/php/interventions/everyday-actions-for-schools.html>