



FACE YOUR *Health*

LEARNING SESSION CHEAT SHEET

Short on time? Focus on modules 1, 3, 6, and 7.

For each question, please circle the number that best describes how much you agree or disagree with each statement. Your feedback will help us improve our training program.

Module 1: Welcome

- ☐ Introductions
- ☐ Play "The Web" icebreaker (for group sessions)
- ☐ Show Flip Chart slide 1: What We're Talking About Today

Module 2: Body Basics

- ☐ Show Flip Chart slide 2: What Is Cervical Cancer?
- ☐ Show Flip Chart slides 3 and 4: The Female Reproductive System (skip slide 4 if short on time)

Module 3: Cervical Cancer 101

- ☐ Show Flip Chart slide 5: What Have You Heard About Cervical Cancer?
Prompt for sharing around myths and misconceptions
- ☐ Show Flip Chart slide 6: What Causes Cervical Cancer?
- ☐ Show Flip Chart slide 7: Who Can Develop Cervical Cancer?
- ☐ Show Flip Chart slide 8: Why Do You Need to Get Screened for Cervical Cancer?
If available, share rates of cervical cancer in African American women in your state, county, or community
- ☐ Show Flip Chart slides 9, 10, and 11: How Do You Get Screened for Cervical Cancer? and Pelvic Exam
Prompt for sharing experiences about pelvic exam and/or Pap or HPV test
- ☐ Show Flip Chart slide 12: How Should You Prepare for Your Screening Test? (skip if short on time)
- ☐ Show Flip Chart slide 13: How Often Should You Get Screened for Cervical Cancer?
- ☐ Show Flip Chart slide 14: What Do Your Test Results Mean?

Reminder: Before the Session

Have these materials ready for use:

- Flip Chart
- Instructions and other materials for games
- Promise Sheet
- Contact Sheet
- Learning Session Evaluation Form
- Appointment Sheet
- Resource Sheet
- Fact Sheet
- Quick Reference Guide





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Module 4: Test Your Knowledge

- ☐ Play the Face the Facts game

Module 5: How to Protect Yourself

- ☐ Show Flip Chart slide 15: What Can You Do to Prevent Cervical Cancer?
- ☐ Show Flip Chart slide 16: What Else Makes It Hard to Get Screened?
Prompt for discussion around challenges or play game
- ☐ Play the Face Yourself game

Module 6: Make a Promise to Yourself

- ☐ Show Flip Chart slide 17: What Should You Do Next?
- ☐ Hand out Promise Sheet
Allow women to take a moment to review and complete onsite or take it home to complete

Module 7: Next Steps for Screening

- ☐ Show Flip Chart slide 18: Wrap Up
- ☐ Complete Contact Sheet and Learning Session Evaluation Form
- ☐ If you **are** scheduling screening appointments, hand out an Appointment Sheet to each participant.
- ☐ If you **are not** scheduling screening appointments, hand out a Resource Sheet and a Fact Sheet to each participant.

Reminder: During the Session

Consult the Quick Reference Guide to help answer more detailed questions about:

- Risk factors
- Cervical cancer screening
- Abnormal test results and treatment
- HPV vaccine
- Resources for more information
- Specific terms for the female reproductive system, cervical cancer, cervical cancer screening, diagnosis, and treatment

Reminder: After the Session

- Collect the Contact Sheet and Learning Session Evaluation Form from participants.
 - Complete the "Date of Learning Session" section of each Contact Sheet.
 - Remind participants that you'll follow up with them.
 - Make sure participants have your contact information.
 - Complete the Learning Session Record while the experience is fresh on your mind.
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