



# The National ALS Registry: Get The Facts

The National Amyotrophic Lateral Sclerosis (ALS) Registry enables persons with ALS to fight back and help defeat ALS (Lou Gehrig's Disease). By signing up, being counted, and answering brief questions about your disease, you can help researchers find answers to critical questions.

Learn more at [www.cdc.gov/als](http://www.cdc.gov/als) or (800) 232-4636



## Who can sign-up?

Anyone with ALS

**No computer?** Don't worry! A family member, caregiver, or friend with a computer can help you. You can also contact:



## What do I need?

- A computer with an internet connection
- An email address



## What if I need help?

Caregivers and others can help you in person or even over the phone



## What kind of information is collected?

- Basic demographics (e.g., age, sex, height, weight)
- Military history
- Physical activity
- Family history



## Do I need to update my information?

YES! Every six months – you'll get an email reminder



## Will my information be private?

- YES! Only approved registry scientists can see it, NOT employers or insurers
- You CANNOT be looked up in the registry by name



**YOU JOINING**



More information for research

A better understanding of ALS

The chance to help create a better future for persons with ALS