

Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

in Alabama

1 in 8 people aged 45 and older are experiencing **S**ubjective **C**ognitive **D**ecline.

SCD is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.



Only **HALF** with SCD have talked to a health care provider about it.



Nearly 90% with SCD have at least one chronic condition.

Among those with SCD...



45.2%

needed help with household chores.



52.5%

had to give up day-to-day activities.

Nearly HALF

say SCD interfered with social activities, work, or volunteering.

