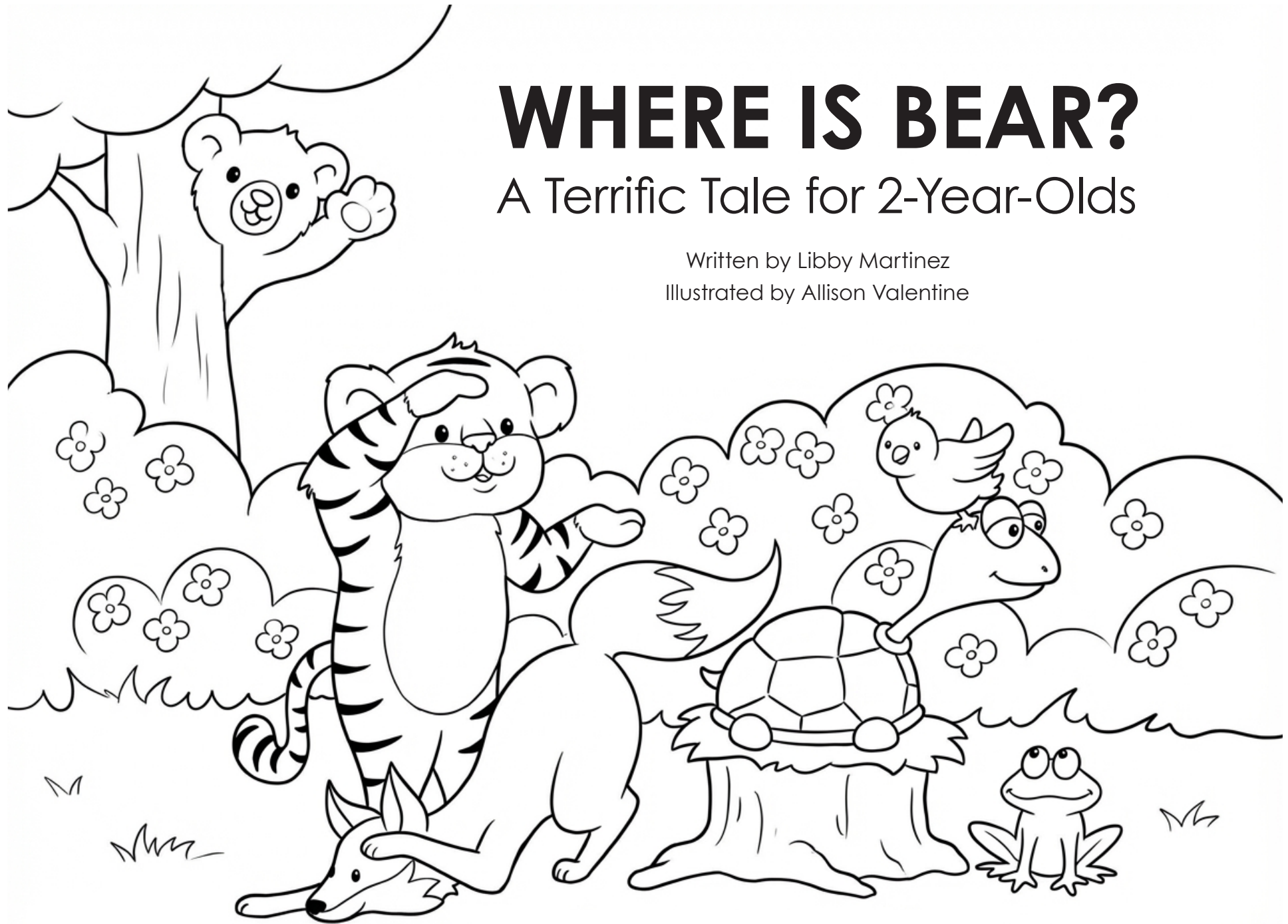


WHERE IS BEAR?

A Terrific Tale for 2-Year-Olds

Written by Libby Martinez

Illustrated by Allison Valentine

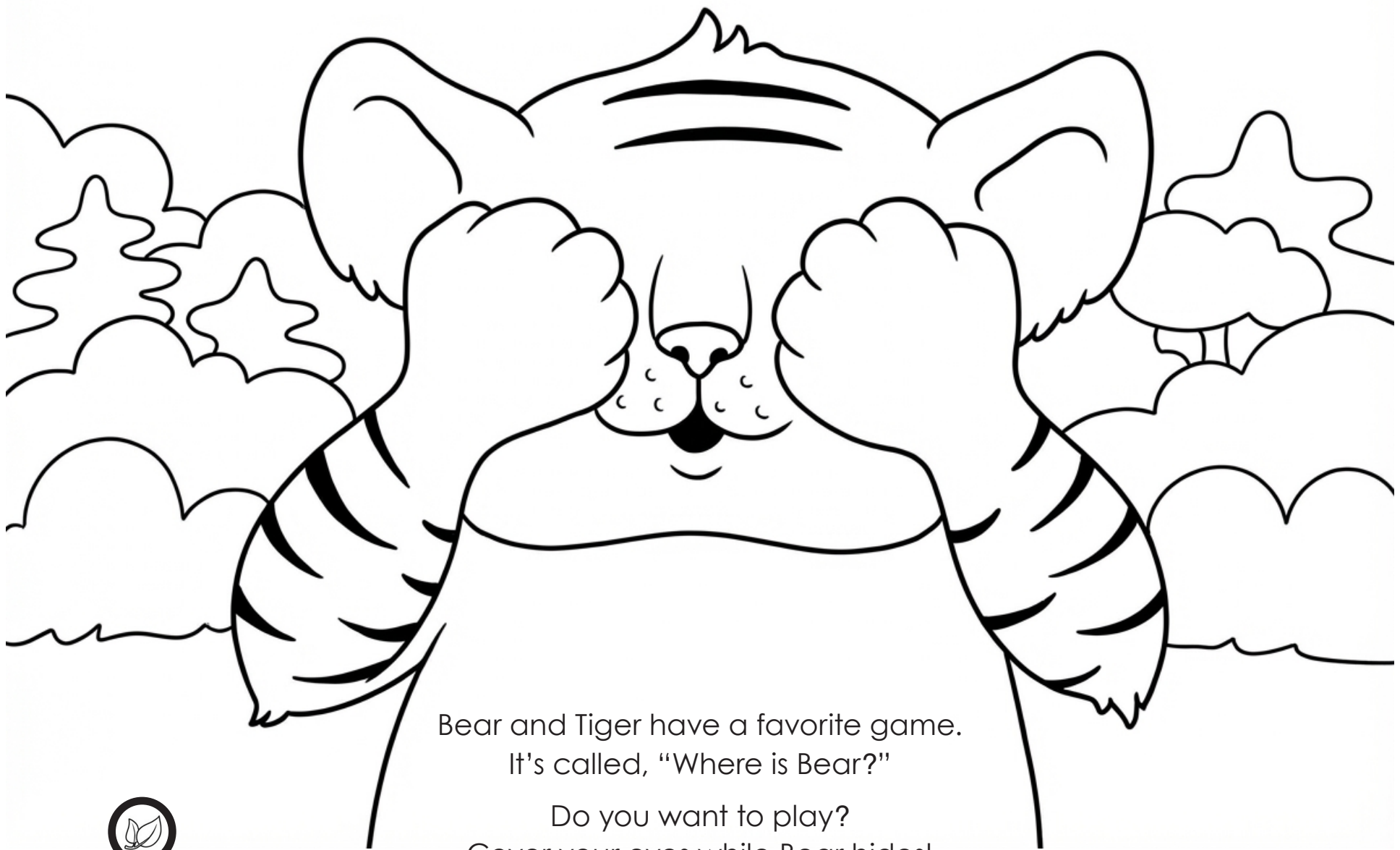


Bear and Tiger are 2 years old.
They are friends.

This is
Bear.

This is
Tiger.





Bear and Tiger have a favorite game.
It's called, "Where is Bear?"

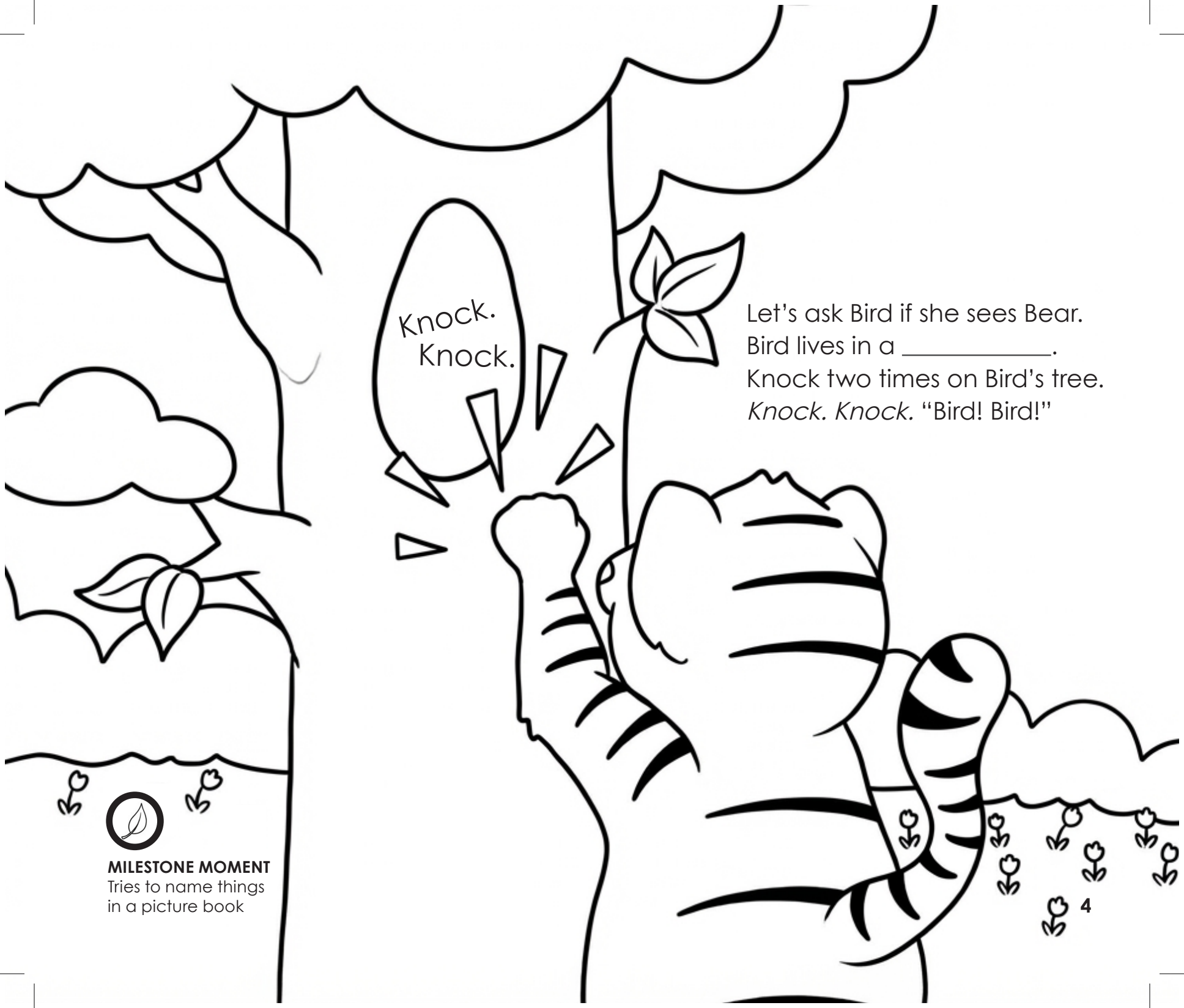
Do you want to play?
Cover your eyes while Bear hides!



MILESTONE MOMENT
Follows simple directions

Where is Bear?





Knock.
Knock.

Let's ask Bird if she sees Bear.
Bird lives in a _____.
Knock two times on Bird's tree.
Knock. Knock. "Bird! Bird!"



MILESTONE MOMENT

Tries to name things
in a picture book

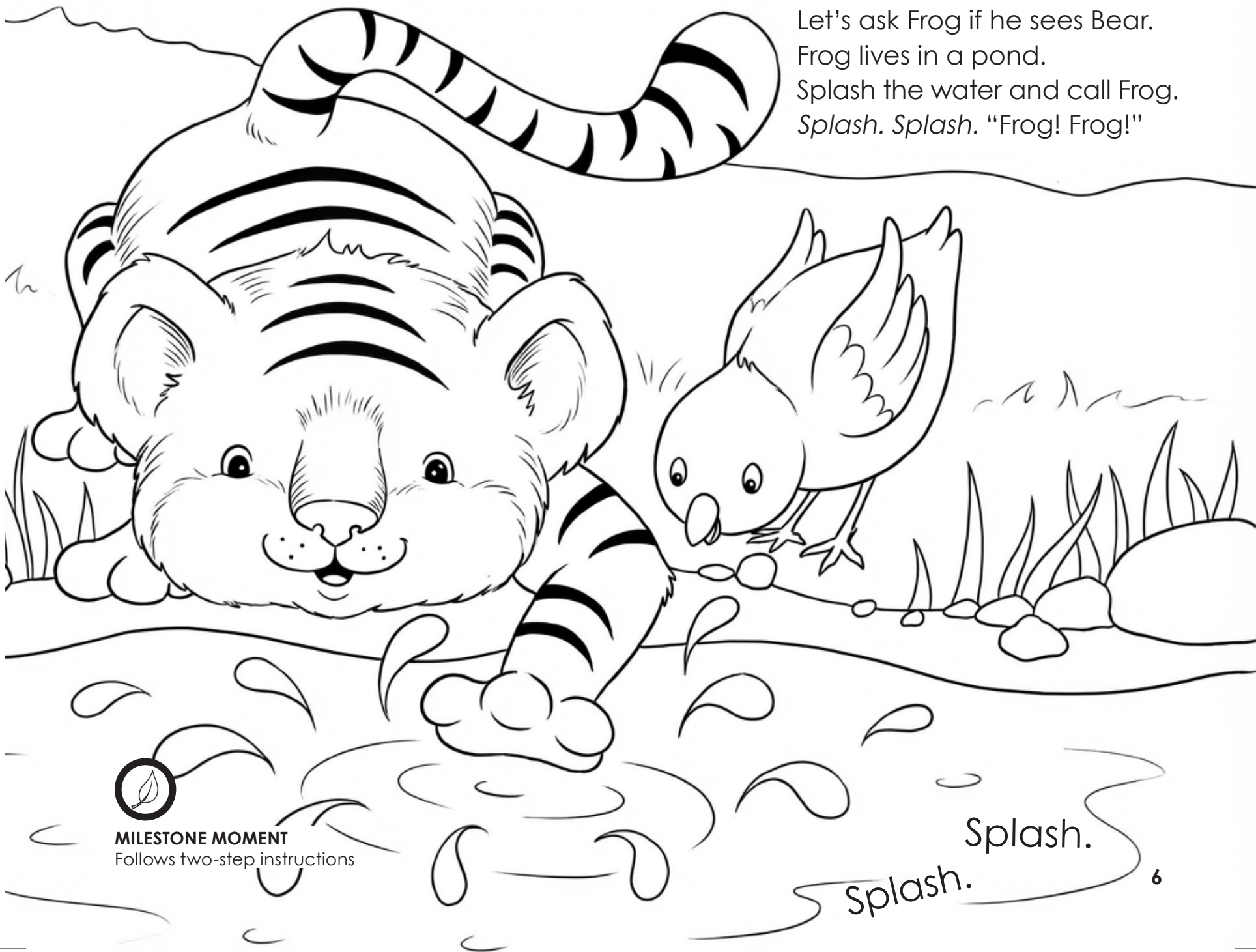
“Where is Bear? Is he in the tree?” asks Tiger.
“No,” says Bird. “But I will help you find him.”
“Great, Bird! I’ll fly like you!” says Tiger.



MILESTONE MOMENT

By age 2, most children copy others, especially adults and other children

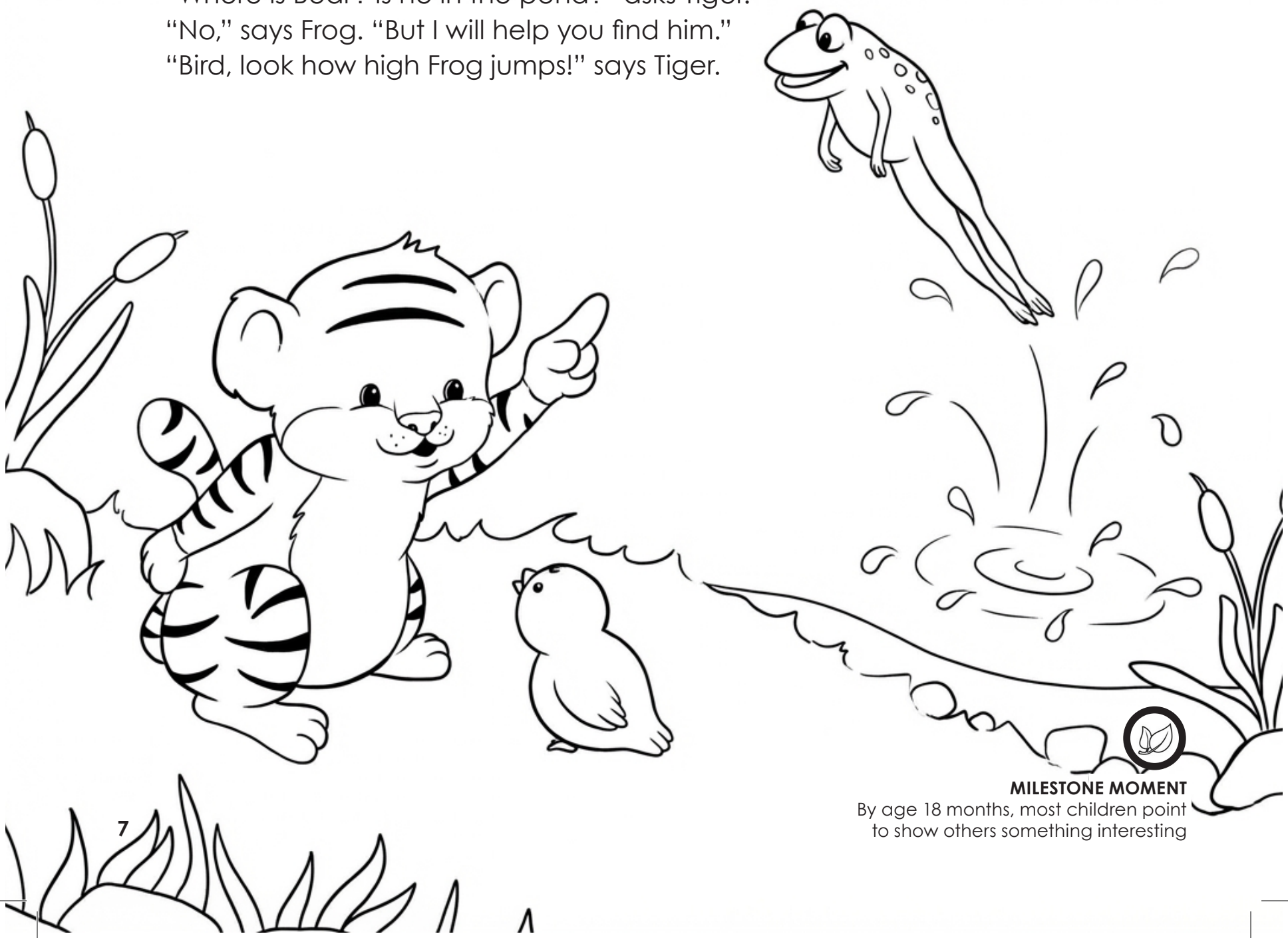
Let's ask Frog if he sees Bear.
Frog lives in a pond.
Splash the water and call Frog.
Splash. Splash. "Frog! Frog!"



MILESTONE MOMENT
Follows two-step instructions

Splash.
Splash.

“Where is Bear? Is he in the pond?” asks Tiger.
“No,” says Frog. “But I will help you find him.”
“Bird, look how high Frog jumps!” says Tiger.



MILESTONE MOMENT

By age 18 months, most children point
to show others something interesting



Let's ask Fox if she sees Bear.
Fox lives in a cave.
Fox likes to run.
Can you run like Fox?



MILESTONE MOMENT

Runs and begins to play with
other children

“Where is Bear? Is he in the cave?” asks Tiger.
“No,” says Fox. “But I will help you find him.”



Let's ask Turtle if he sees Bear.
Turtle likes to hide in the leaves.
Let's pretend we're the wind
and blow the leaves away.



MILESTONE MOMENT

Tries to copy you, like pretending
to blow the leaves

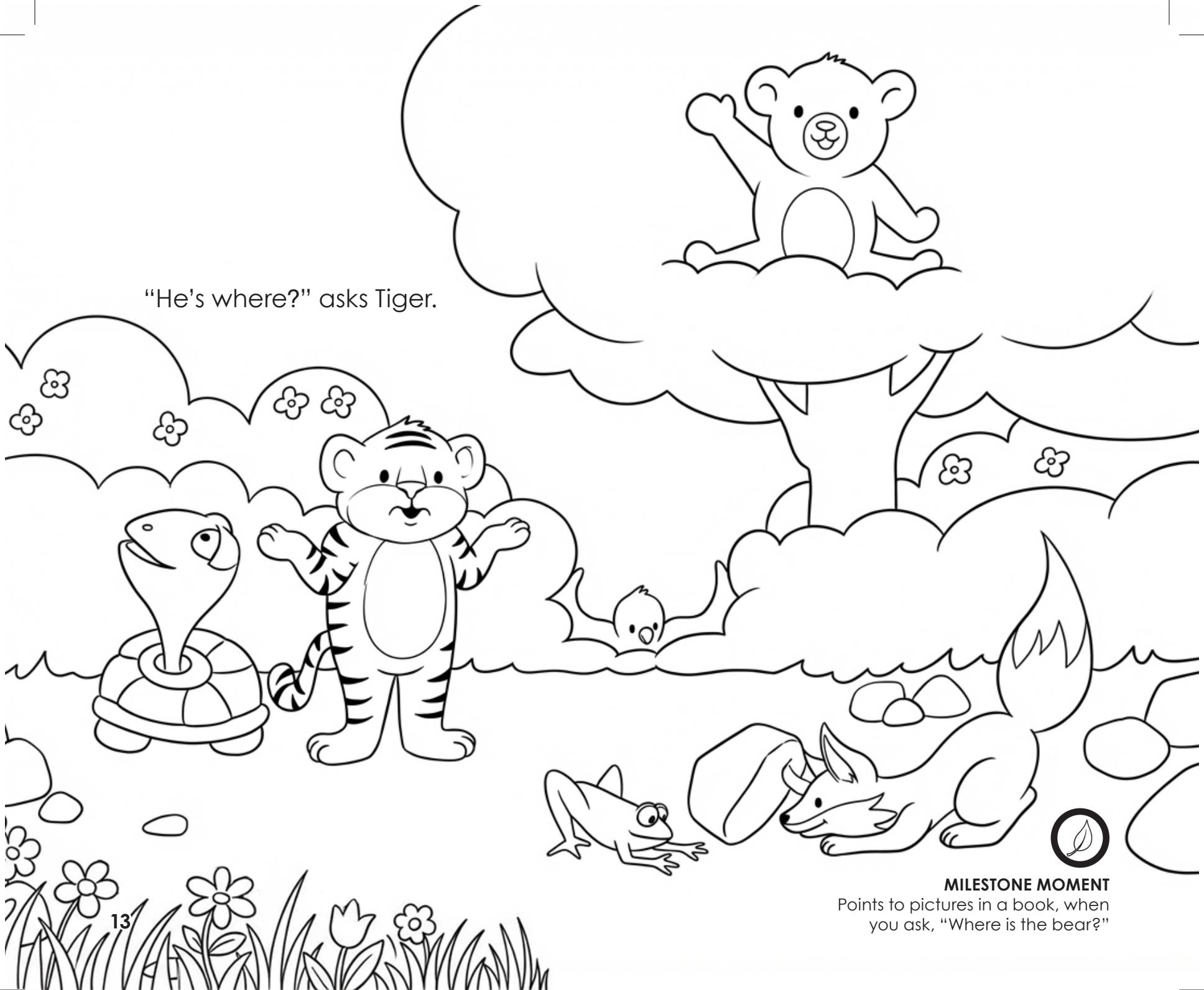
“Where is Bear? Is he in the leaves?” asks Tiger.
“No,” says Turtle. “But I will help you find him.”





Do YOU know where Bear is?

"He's where?" asks Tiger.



MILESTONE MOMENT

Points to pictures in a book, when you ask, "Where is the bear?"



“Bear! Bear is up there!” says Tiger.

“We found him!”

"Hooray!" his friends say.
"Let's play again!"



DEVELOPMENTAL MILESTONES FOR TERRIFIC 2-YEAR-OLDS

Watch and see if your 2-year-old can do each of these milestones.

Share this checklist and any related information from your child's teachers or other providers with the doctor at every well-child visit.

Social/Emotional Milestones

- ☐ Notices when others are hurt or upset, like pausing or looking sad when someone is crying
- ☐ Looks at your face to see how to react in a new situation

Language/Communication Milestones

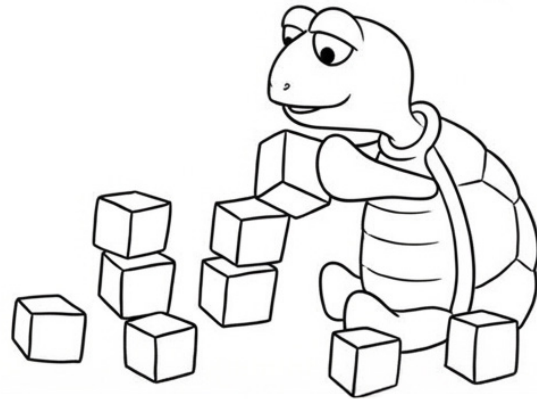
- ☐ Points to things in a book when you ask, like "Where is the bear?"
- ☐ Says at least two words together, like "More milk."
- ☐ Points to at least two body parts when you ask him to show you
- ☐ Uses more gestures than just waving and pointing, like blowing a kiss or nodding yes



Cognitive Milestones

(Learning, Thinking, Problem-Solving)

- ☐ Holds something in one hand while using the other hand; for example, holding a container and taking the lid off
- ☐ Tries to use switches, knobs, or buttons on a toy
- ☐ Plays with more than one toy at the same time, like putting toy food on a toy plate



Movement/Physical Development Milestones

- ☐ Kicks a ball
- ☐ Runs
- ☐ Walks (not climbs) up a few stairs with or without help
- ☐ Eats with a spoon



Terrific Tips to Help Your 2-Year-Old Learn and Grow

How you can help your 2-year-old learn and grow:

- Use positive words when your child is being a good helper. Let him help with simple chores, such as putting toys or laundry in a basket.
- Give your child balls to kick, roll, and throw.
- Play with your child outside, by playing “ready, set, go.” For example, pull your child back in a swing. Say “Ready, set...”, then wait and say “Go” when you push the swing.
- Let your child play dress up with grown-up clothes, such as shoes, hats, and shirts. This helps him begin to pretend play.
- Have steady routines for sleeping and feeding. Create a calm, quiet bedtime for your child. Put on his pajamas, brush his teeth, and read 1 or 2 books to him. Children this age need 11 to 14 hours of sleep a day (including naps). Consistent sleep times make it easier.

Concerned About Your Child’s Development?

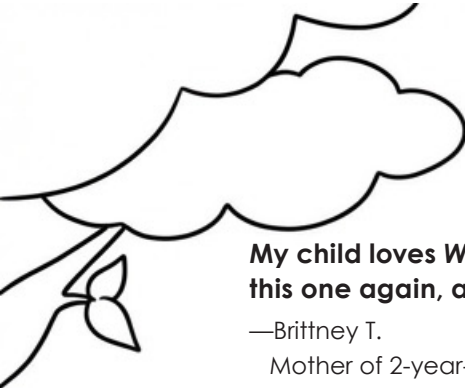
If your child is missing milestones or you are concerned about your child’s development, talk with your child’s doctor, teacher, or other providers and ask about developmental screening.

Don't wait. Acting early can make a real difference!

Visit **[cdc.gov/Concerned](https://www.cdc.gov/Concerned)** for more information on how to support your child.

For more milestones, tips, and other free materials, like CDC’s free Milestone Tracker app, visit **[cdc.gov/ActEarly/Families](https://www.cdc.gov/ActEarly/Families)** or call 1-800-CDC-INFO (1-800-232-4636); agents speak English and Spanish.





***Where is Bear?* is a fun, interactive way to encourage 2-year-olds in their development and to help parents monitor their children's attainment of important skills. It's a win-win for early development!**

—Lisa Shulman, MD
Developmental Pediatrician

My child loves *Where is Bear?*. Like me, you will read this one again, and again, and again!

—Brittney T.
Mother of 2-year-old

***Where is Bear?* truly is terrific, illustrating 2-year-old milestones in an engaging, interactive style. I highly recommend it for families and providers!**

—Janet L. Patterson, MD, FAAP
Developmental Behavioral Pediatrician

Meet Tiger, Bear, and their forest friends, Bird, Frog, Fox, and Turtle! In this terrifically unique and interactive tale, your 2-year-old child will help Tiger find Bear. Each step in your child's quest to find Bear highlights important milestones in your child's growth and development. Look for the leaf at the bottom of the page for these Milestone Moments. Be sure to review the milestone checklist and helpful parenting tips at the end of the book to learn more about your child's development.

Order this book and other FREE materials,
like milestone checklists and books for other ages,
at **cdc.gov/ActEarly/Orders**.

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