

Milestones Matter

It's time to change how we view a child's growth.

Children reach developmental milestones in how they play, learn, speak, act, and move.

Acting early on missed milestones can help children improve their abilities and learn new skills.

Download CDC's free *Milestone Tracker* app to see photos and videos of milestones to look for in your child.



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free *Milestone
Tracker* app



Visit www.cdc.gov/ActEarly
for more free resources to help
monitor every child's development.



Learn the Signs. Act Early.