

Milestones Matter

It's time to change how we view a child's growth.

Children reach developmental milestones in how they play, learn, speak, act, and move.

Acting early on missed milestones can help children improve their abilities and learn new skills.

Download CDC's free *Milestone Tracker* app to see photos and videos of milestones to look for in your child.



Visit www.cdc.gov/ActEarly for more free resources to help monitor every child's development.



Learn the Signs. Act Early.

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