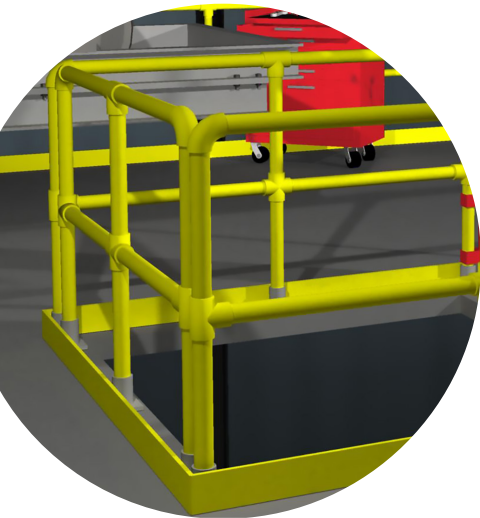
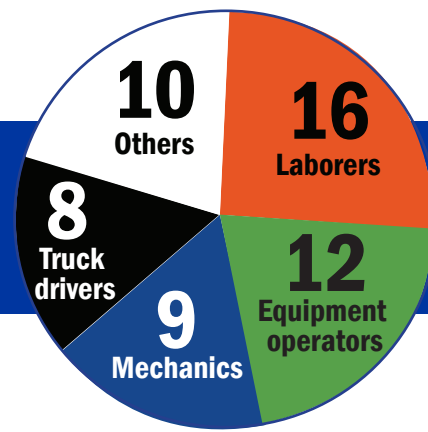


# Falls Can Kill!

In 10 years, 55 mine workers died as a result of falling from heights\*



## Install barriers and identify hazardous areas

Prevent access to hazardous areas by installing barriers and clearly identifying areas that represent potentially hazardous fall risks.

## Use caution and follow best practices while completing tasks

Follow approved fall safety prevention practices during maintenance, installation, construction, or dismantling activities.

## Inspect and maintain equipment

Look for defects, fix damaged and improperly modified equipment as needed, and remove significantly damaged equipment from service.

## Use a personal fall arrest system

Use only a certified full body harness sized to fit the user's height and weight. Ensure that the anchorage point and connector are rated for 5,000 pounds and that all necessary safety fall prevention training is up to date.



Illustrations by NIOSH

\* Data based on an analysis by NIOSH researchers of fatal incidents investigated by MSHA between 2006 and 2015 involving slips and falls. To read the full publication, visit: <http://me.smenet.org/reader.cfm?webArticleID=2116>



Centers for Disease Control  
and Prevention  
National Institute for Occupational  
Safety and Health

October 2020

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