

# Respirator Models to Analyze Sensor Placement and Fit

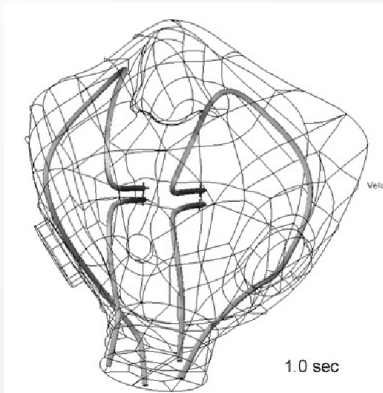
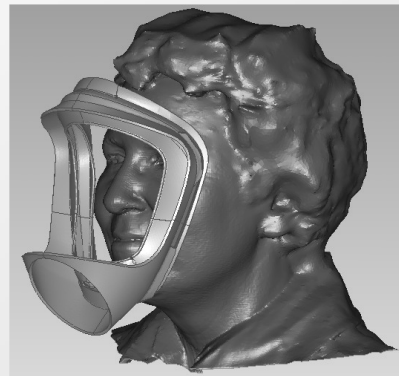
NIOSH/NPPTL Public Meeting  
Pittsburgh, PA  
September 17, 2009

Kathryn Butler  
Building and Fire Research Laboratory  
National Institute of Standards and Technology  
[kathryn.butler@nist.gov](mailto:kathryn.butler@nist.gov)



## DHS Projects on Respirator Modeling

Characterizing Respirator Fit  
for Real Faces and Masks



Respirator Sensor Placement  
for Accurate Readings

Sponsored by U.S. Department of Homeland Security  
Science & Technology Directorate  
under contract HSHQDC-08-X-00414

## Fire Fighter Respiratory Protection

- Respirators must protect against many hazards
  - Particulates, chemical and biological toxins
  - Lack a priori knowledge of threats
- Wide range of situations
  - Normal and high stress
  - Short duration: fire suppression
  - Long duration: salvage and search and rescue
- Issues
  - Imperfect fit
  - Leaks
  - Heavy breathing and coughing



## Issues

### Imperfect fit

- Annual fit test - good enough?
- Variation over time  
(Month-to-month, wearing-to-wearing, minute-to-minute?)
- What are the consequences?

### Leaks

- Do they happen?
- Under what conditions?
- Occasional? Individual?

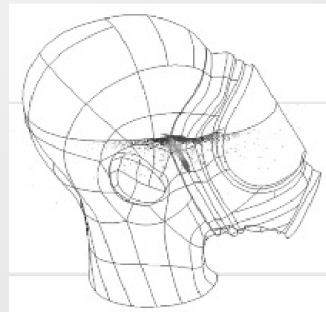
### Sensor for real-time monitoring

- Good idea? State of technology?
- Where would it be placed?



## Computational Models

- Can test variety of situations
  - Breathing pattern
  - Leak geometries
  - External environments
  - Contact between face and mask
- Visualization of results
  - Velocity
  - Pressure
  - Particle traces
  - Gas concentrations



1<sup>st</sup> step: Need to define the complex geometry of a person wearing respirator

## Head Geometry 3D Scanner



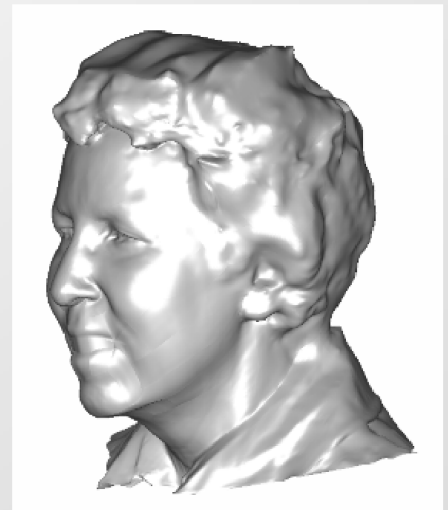
3D scanner



3D point cloud



Smoothed, holes filled

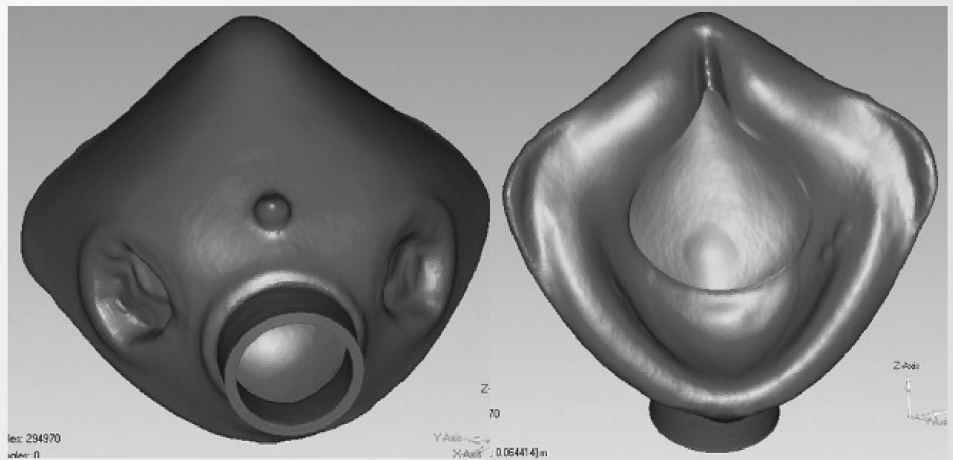


Mouth open

# Mask Geometry 3D Scanner

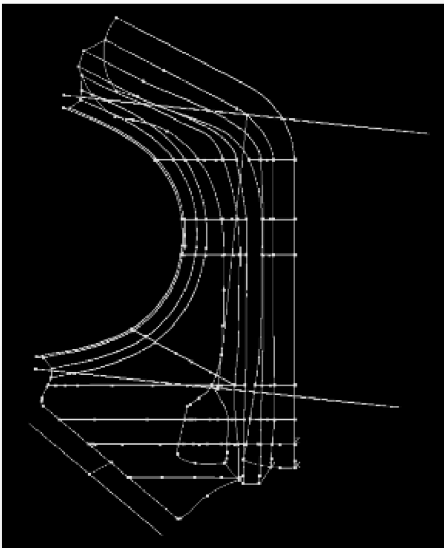


3D point cloud



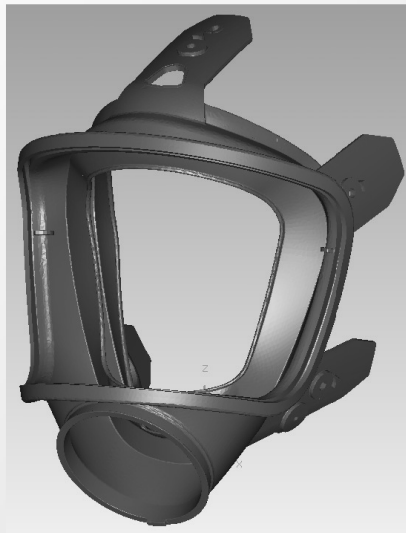
Smoothed, holes filled

# Mask Geometry Mechanical Drawings

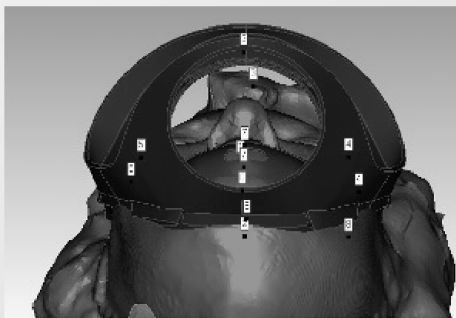
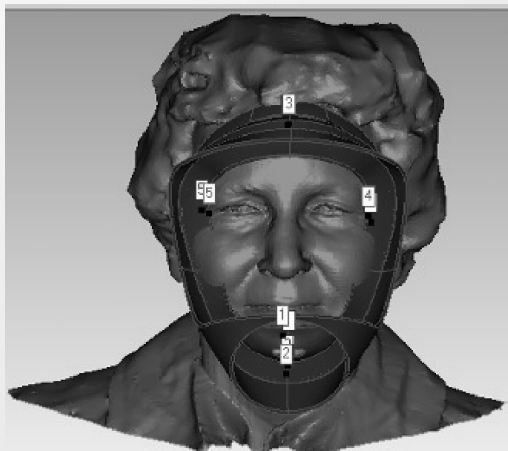
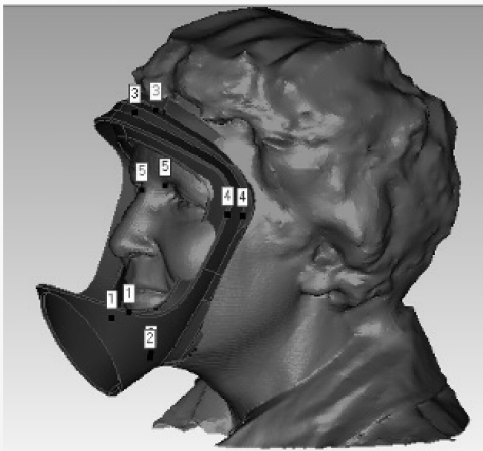




# Mask Geometry CAD



# Combining face and mask - the easy way doesn't work



## How can we characterize fit and discomfort for a given individual and a respirator?

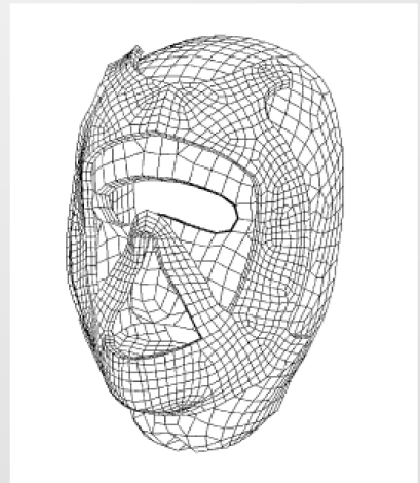
Computationally push respirator onto face, taking into account

- Material properties of respirator
- Material properties of skin over bone

Contact pressures indicate regions of potential leaks or discomfort

How good is a rigid 3D scan for predicting fit?

How difficult would it be to customize the seal?



Piccione and Moyer, 1997

## **Project: CHARACTERIZING RESPIRATOR FIT FOR REAL FACES AND MASKS (K. Butler, M. Smith)**

### **Issue: Importance of fit and comfort for respiratory protection**

- Emergency responders can overbreathe respirator at high work rates. Without a good fit, respiratory protection is compromised and leaks can occur.
- Emergency responders are willing to discard protective equipment when they believe it impedes their ability to do their jobs. Comfort is critical to wearability, especially during long operations.
- The use of rigid 3D head scans or physical headforms for testing and sizing respirators do not take properties of skin and bone into account.

### **Purpose**

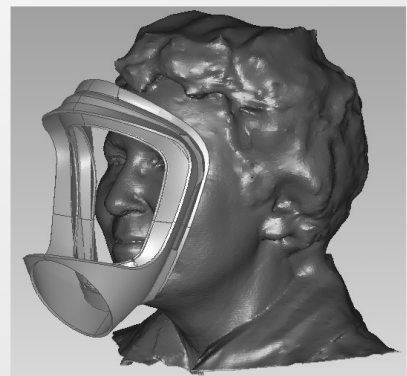
- To enhance respirator fit and sizing procedures by improved knowledge of the relationship between human and respirator features and respirator effectiveness

### **Approach**

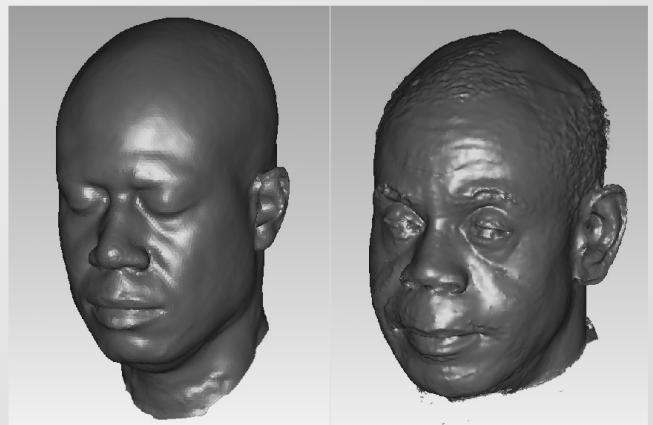
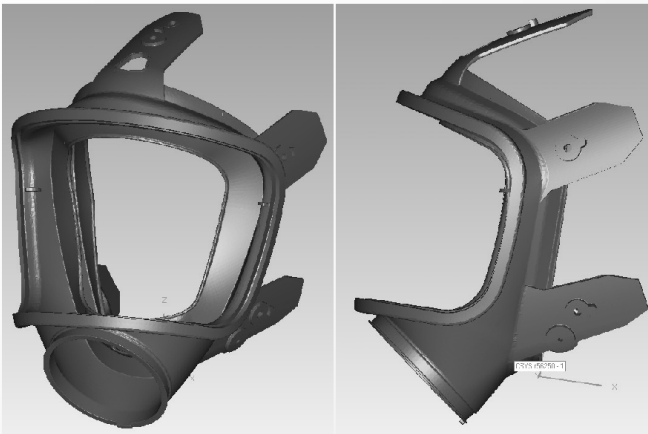
- Characterize the relationships between respirator fit, respirator discomfort, and the geometry of faces and respirators using the actual material properties of rubber or silicone seals and skin over bone

## Technical Approach

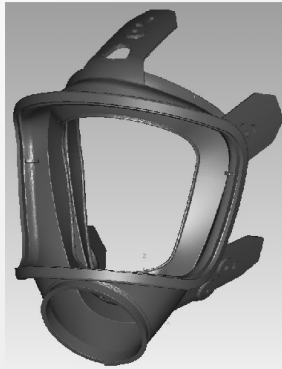
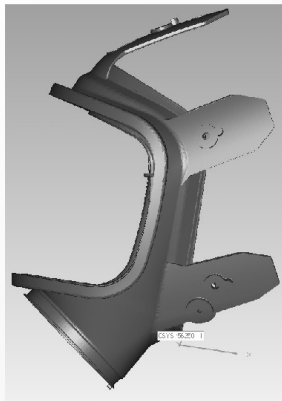
- Prepare 3D representations of respirator masks and human heads
- Push flexible mask onto face computationally for multiple pairings, plotting stresses on the contact surface to find locations of possible leaks and fit comfort
  - Rigid face
  - Skin over rigid face
  - Skin over rigid bone from medical scans
- Animate face and determine position or motion of jaw most likely to result in a leak
- Assess sensitivity to mask positioning, material properties, and design factors.
- Assess ability of fixed 3D head scan to evaluate goodness of fit in comparison with actual material properties of face. Recommend improvements in respirator sizing procedures and changes to standards.



## Variety of respirators and faces



## Respirator Seal Geometry

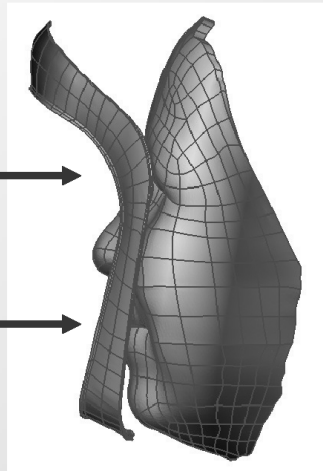
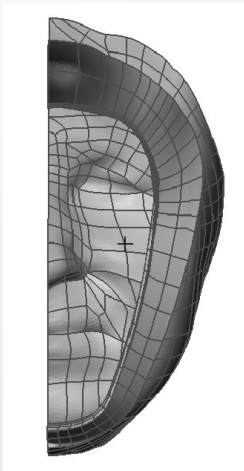
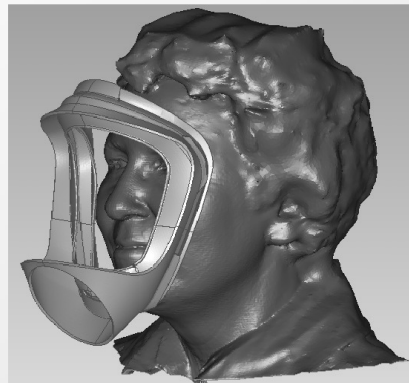
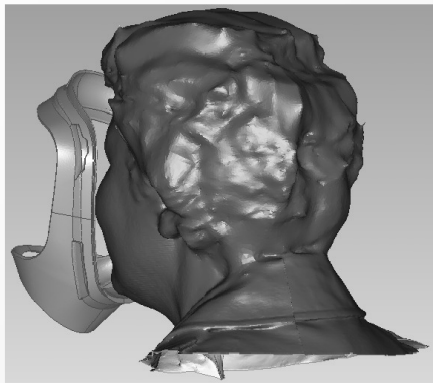


CAD

Full seal

Single seal

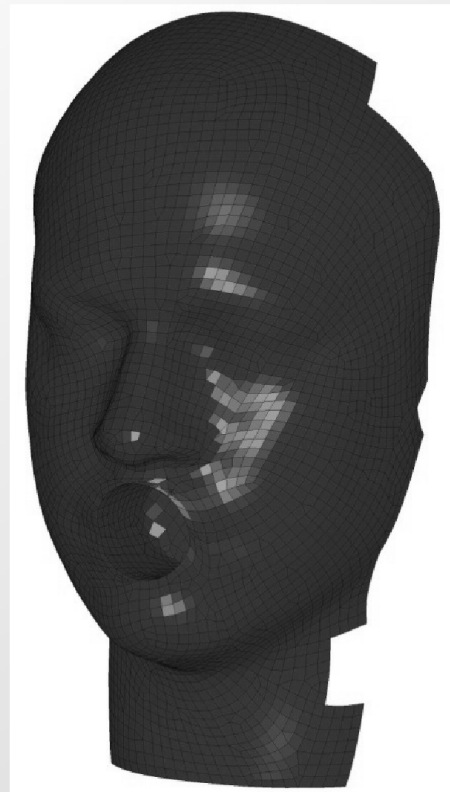
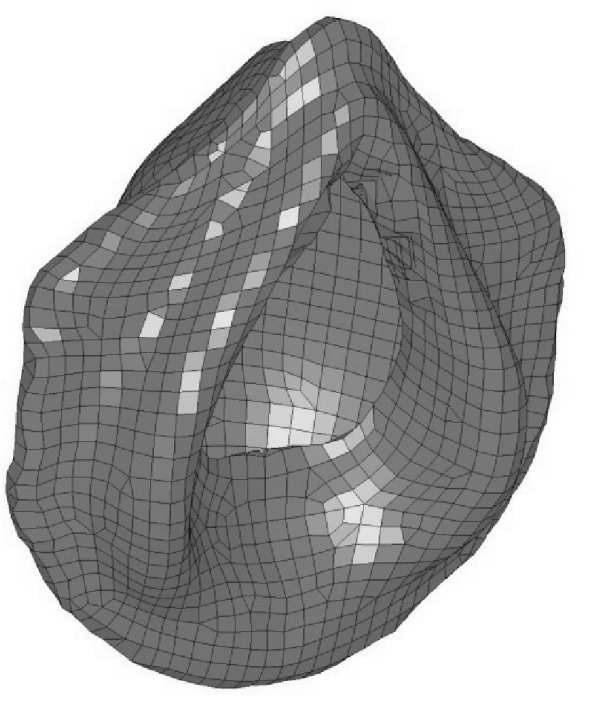
## Technical Approach



**Finite Element Method  
(FEM)**  
Contact problem

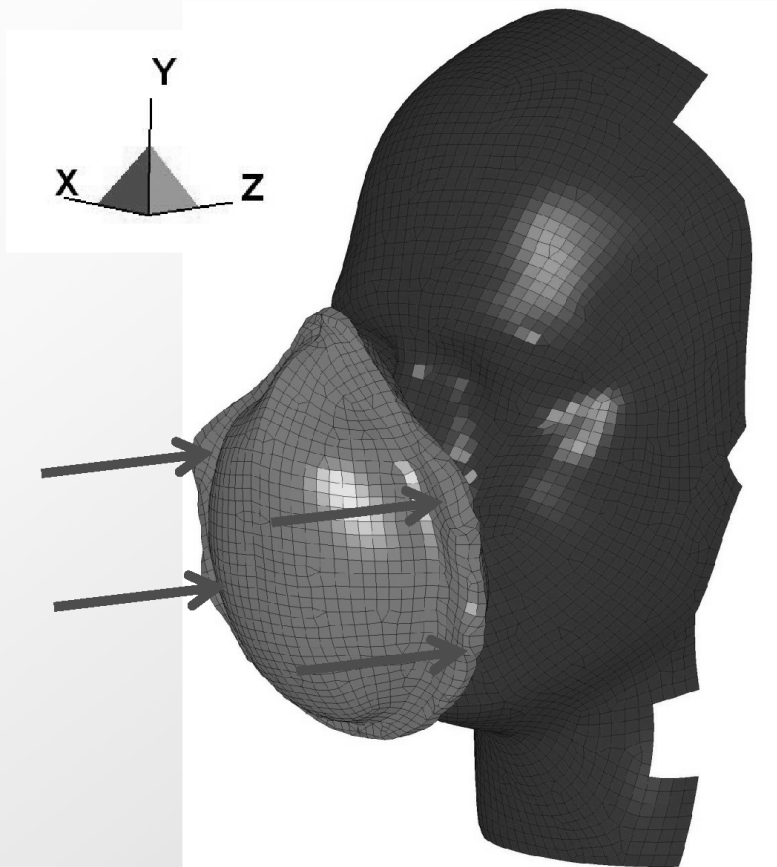


## Jingzhou Yang - Texas Tech University



J. Yang, J. Dai, Z. Zhuang, *Computer-Aided Design and Applications*, 2009.

Apply 2.5 N (5 N) force to each strap

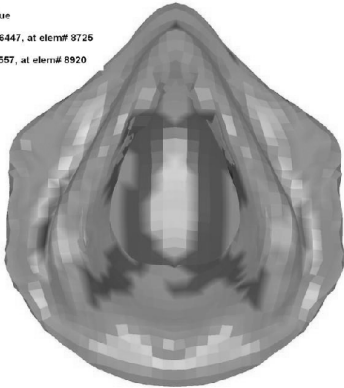




# Pressures on Respirator

Contours of Pressure

max ipt. value  
min=-0.0336447, at elem# 8726  
max=0.143557, at elem# 8920

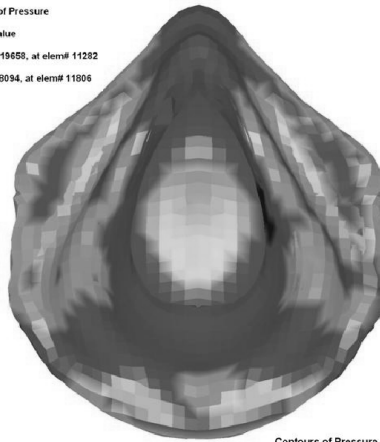


Fringe Levels

1.436e-01 \_  
1.259e-01 \_  
1.081e-01 \_  
9.040e-02 \_  
7.269e-02 \_  
5.498e-02 \_  
3.724e-02 \_  
1.962e-02 \_  
1.796e-03 \_  
-1.992e-02 \_  
-3.364e-02 \_

Contours of Pressure

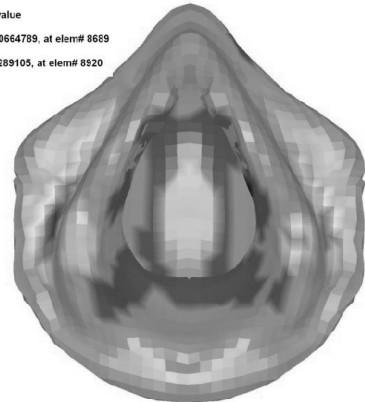
max ipt. value  
min=-0.0519459, at elem# 11282  
max=0.328094, at elem# 11806



3.281e-01 \_  
2.901e-01 \_  
2.521e-01 \_  
2.141e-01 \_  
1.761e-01 \_  
1.381e-01 \_  
1.001e-01 \_  
6.205e-02 \_  
2.405e-02 \_  
-1.396e-02 \_  
-5.197e-02 \_

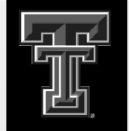
Contours of Pressure

max ipt. value  
min=-0.00664789, at elem# 8669  
max=0.0289105, at elem# 8520



2.891e-02 \_  
2.535e-02 \_  
2.180e-02 \_  
1.824e-02 \_  
1.469e-02 \_  
1.113e-02 \_  
7.576e-03 \_  
4.020e-03 \_  
4.638e-04 \_  
-3.092e-03 \_  
-6.648e-03 \_

2.5N on each strap

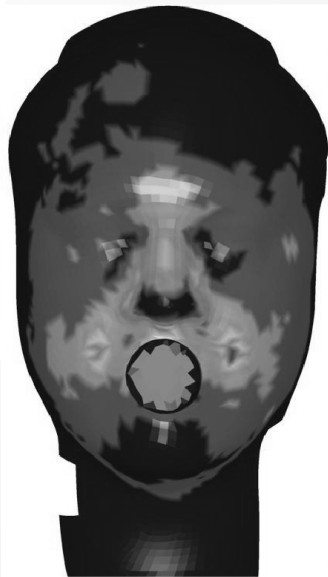


# Pressures on Face



Contours of Pressure  
max ipt. value  
min=-0.0442666, at elem# 2397  
max=0.599242, at elem# 4762

5.992e-01 \_  
5.349e-01 \_  
4.705e-01 \_  
4.062e-01 \_  
3.418e-01 \_  
2.775e-01 \_  
2.131e-01 \_  
1.488e-01 \_  
8.444e-02 \_  
2.008e-02 \_  
-4.427e-02 \_



Contours of Pressure  
max ipt. value  
min=-0.0208369, at elem# 3273  
max=0.270987, at elem# 4762

2.710e-01 \_  
2.418e-01 \_  
2.126e-01 \_  
1.834e-01 \_  
1.543e-01 \_  
1.251e-01 \_  
9.589e-02 \_  
6.671e-02 \_  
3.753e-02 \_  
9.346e-03 \_  
-2.084e-02 \_



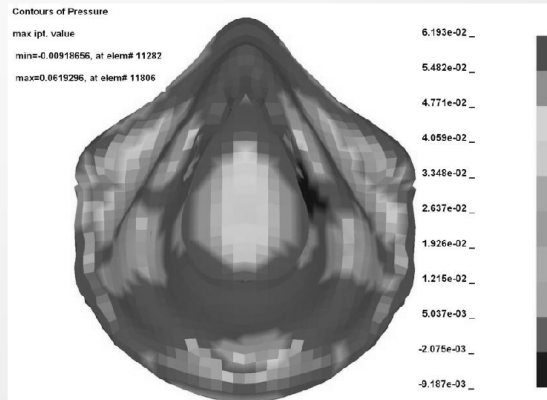
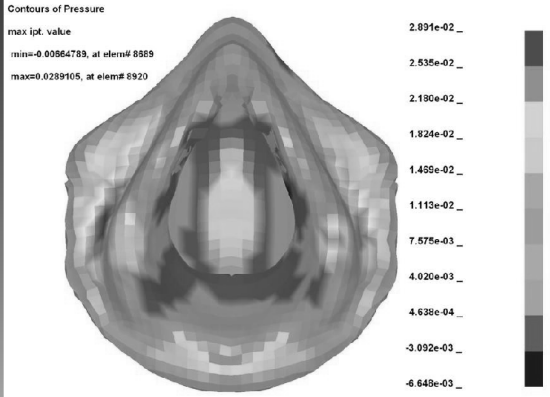
Contours of Pressure  
max ipt. value  
min=-0.00767629, at elem# 3811  
max=0.330434, at elem# 3039

3.304e-01 \_  
2.966e-01 \_  
2.628e-01 \_  
2.290e-01 \_  
1.952e-01 \_  
1.614e-01 \_  
1.276e-01 \_  
9.376e-02 \_  
5.995e-02 \_  
2.613e-02 \_  
-7.676e-03 \_

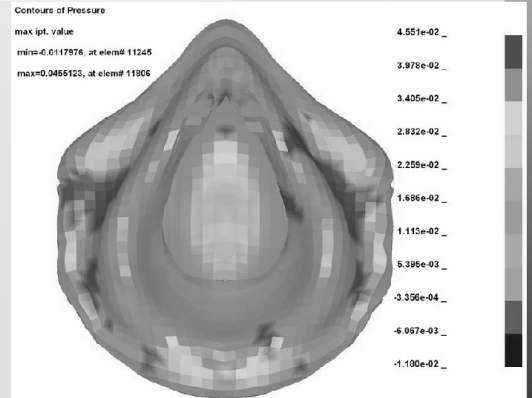
2.5N on each strap



# Pressures on Respirator

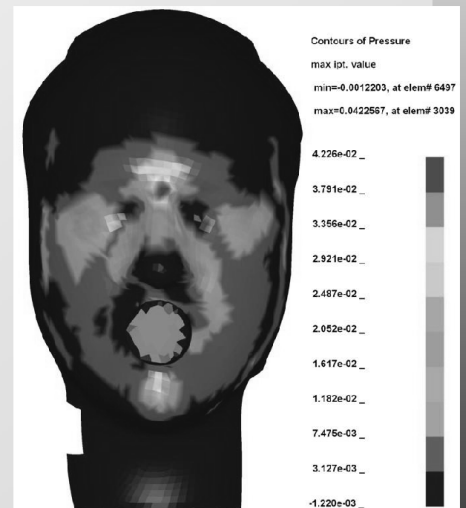
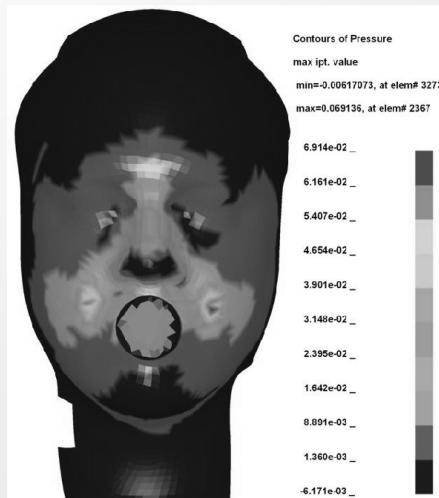
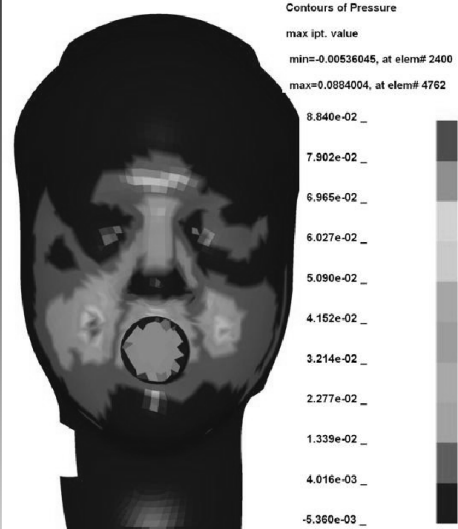


5 N on each strap





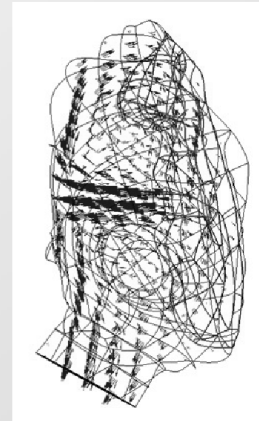
# Pressures on face



5 N on each strap

## What are the possibilities for real-time respirator monitoring?

- Where are the best positions for monitoring flow, pressure, gas concentrations?
- How is the flow affected by a leak?
- What breathing resistance does the user experience?



## **Project: RESPIRATOR SENSOR PLACEMENT FOR ACCURATE READING (K. Butler, M. Nyden, R. Bryant)**

### **Issue: Real-time monitoring**

- Monitoring of conditions inside a respirator would provide immediate warning of a leak. The emergency worker could then be removed from a dangerous situation.
- For readings that accurately and rapidly reflect the respiratory intake of emergency worker, the sensor must be placed in a region that sees the flow but is not disturbed during respirator use.

### **Purpose**

- To evaluate the need and potential sensor technologies for real-time monitoring of emergency responder respiratory intake, and to provide criteria and recommendations for placement of sensors in respirator masks

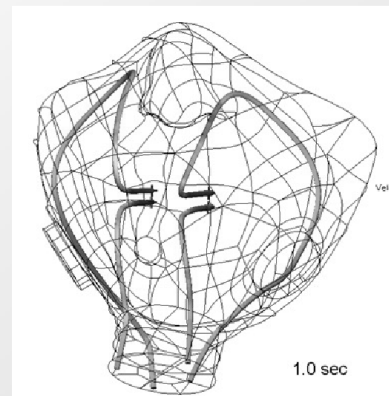
### **Approach**

- Determine locations within a respirator mask that are suitable for placement of a sensor for real-time monitoring of respiratory intake, using computational methods validated by experiment



## Technical Approach

- Conduct a workshop to discuss the need and potential solutions for real-time monitoring of emergency responder respiratory intake.
- Prepare 3D representations of actual heads and half and full facepiece respirator masks, and define the region of flow between facepiece and face.
- Solve for the flow field and pressure field for multiple head-mask combinations, low and high work rates, and a variety of leaks
- Validate the model against experiment
- Determine criteria and potential locations for sensors to perform real-time monitoring of breathing intake, and incorporate results into a standard for monitoring device placement

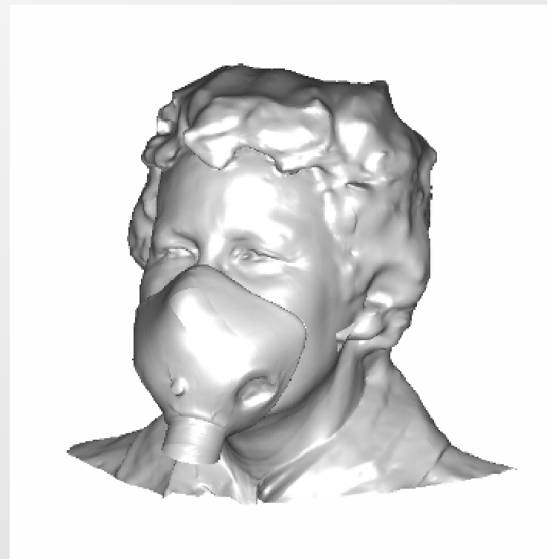
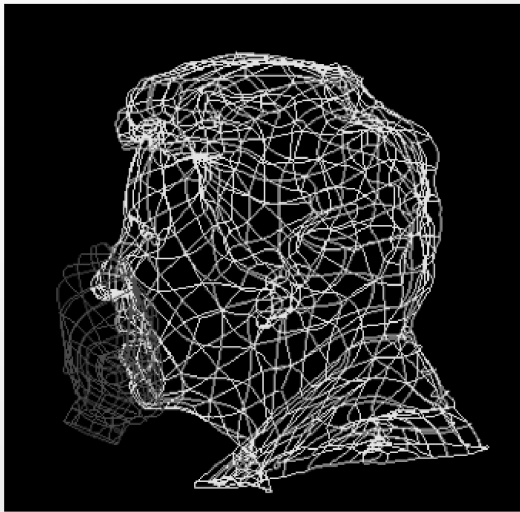
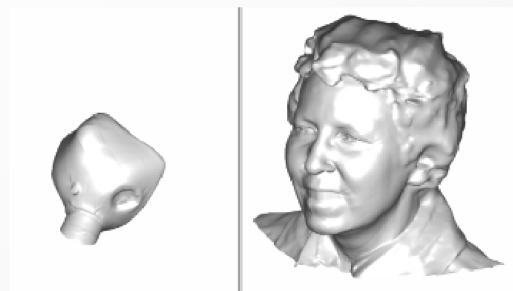


## Workshop

### *Real-Time Monitoring of Total Inward Leakage of Respiratory Equipment Used by Emergency Responders 1 May 2009*

- ~25 attendees
  - Firefighters, researchers (sensors and respirators), manufacturers, standards committee representatives
- Addressed the critical issues
  - What is the need?
    - Potential uses: Is there a leak? Can the respirator be removed?  
Data collection, physiological monitoring
    - Possible approaches: outside or inside mask, mounted on gear, multiple measurements
  - What sensor technologies are available?
    - Measure gas species, particulates, pressure
  - What challenges must be met?
    - Confounding factors, unknown environment, trust of users

## Prepare the Geometry



## Interior Flow Model

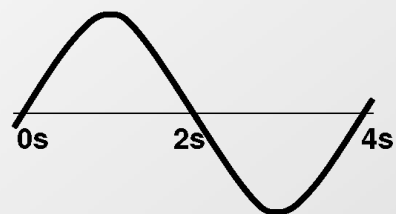


Breathing (at rest):

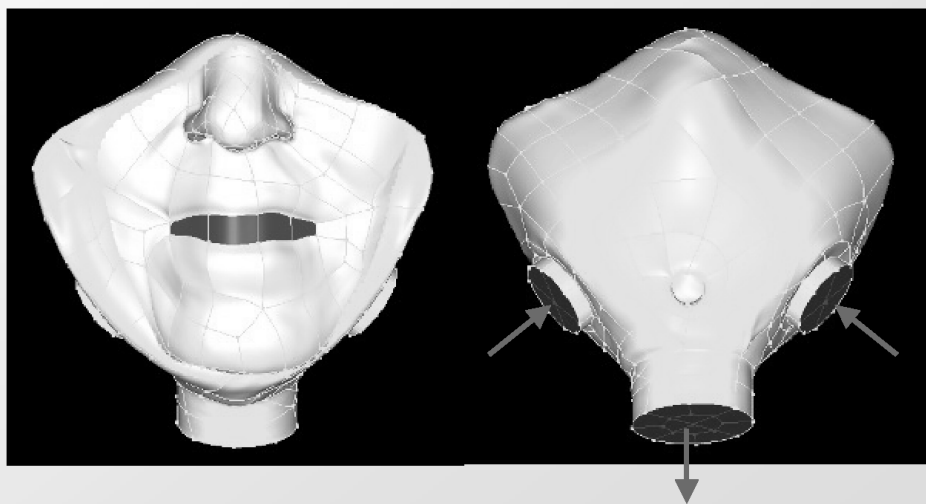
$$V_T = 0.5 \text{ L}$$

$$f = 15 \text{ breaths/min}$$

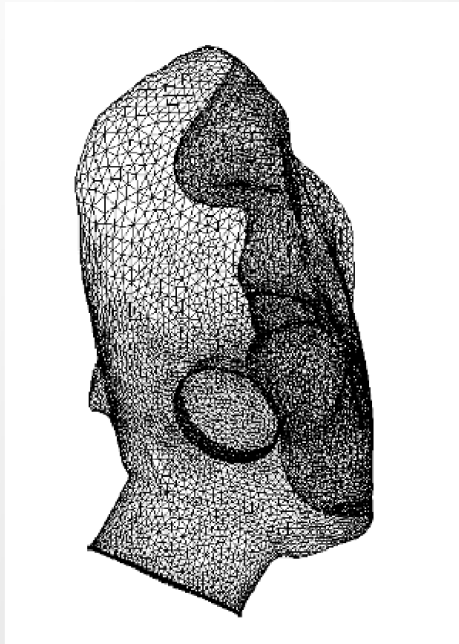
Exhalation



Inhalation

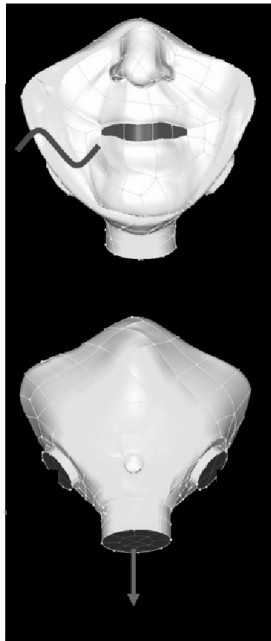


## Mesh – Refined where needed



**Mesh boundaries first, then interior**  
→ 350,000 cells

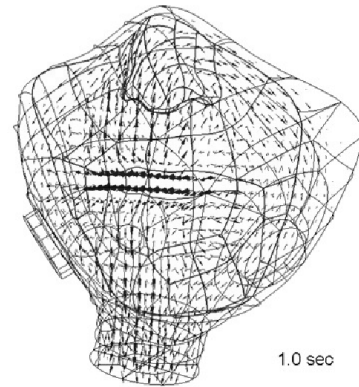
# Gas Flow within Half Mask - Exhalation



Velocity

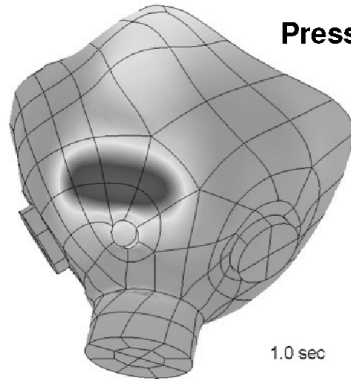


1.0 sec

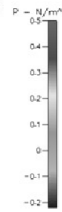


1.0 sec

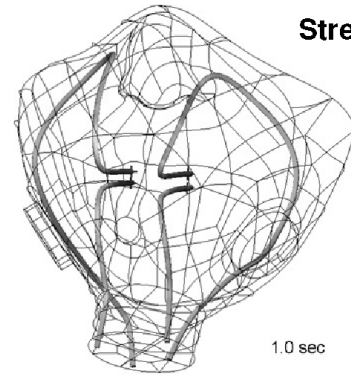
Pressure



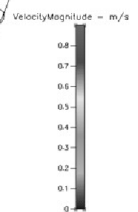
1.0 sec



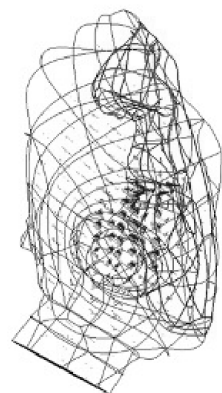
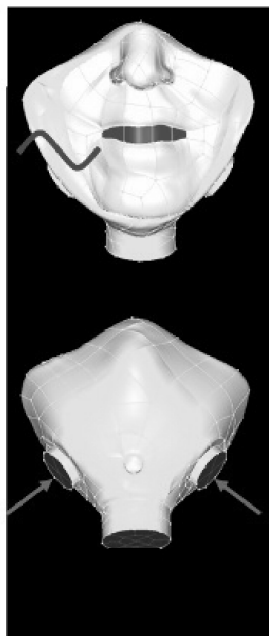
Streamlines



1.0 sec

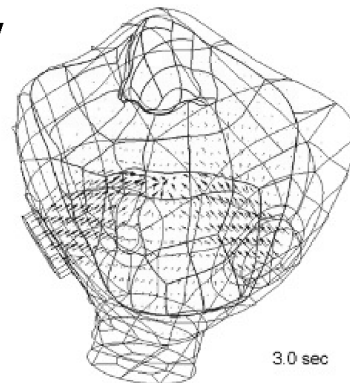


# Gas Flow within Half Mask - Inhalation

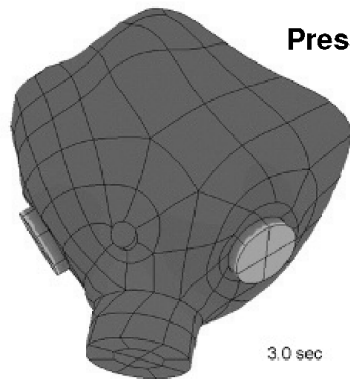


Velocity

3.0 sec

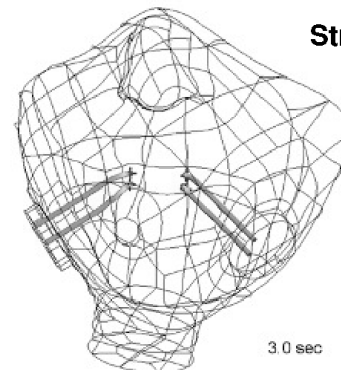


3.0 sec



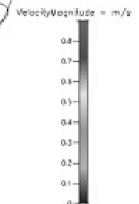
Pressure

3.0 sec



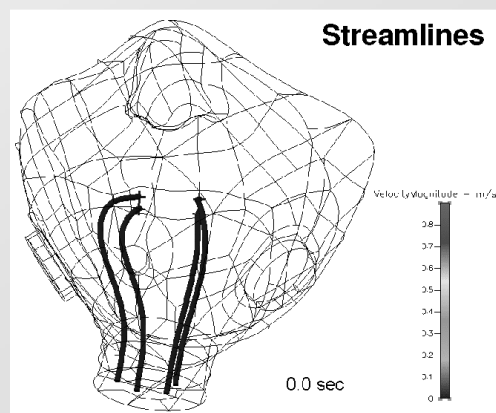
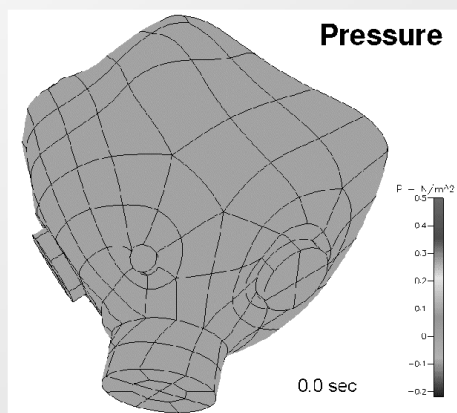
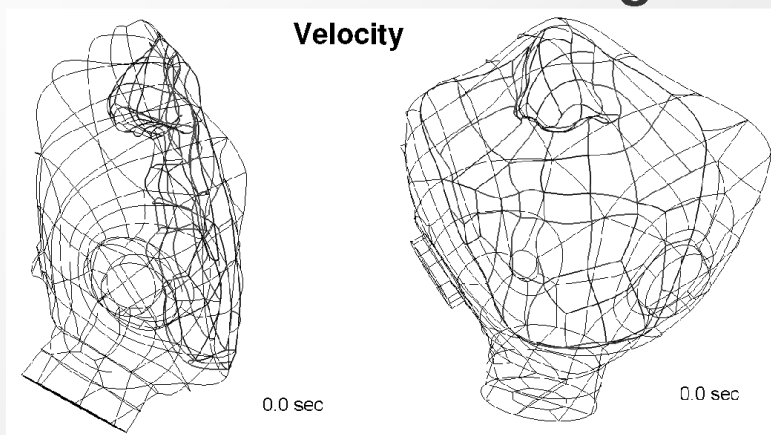
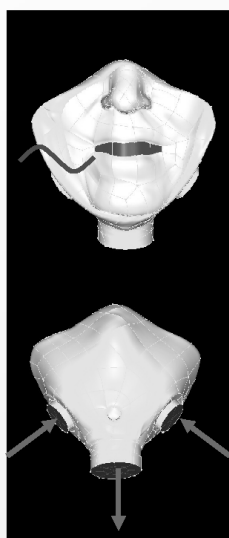
Streamlines

3.0 sec



# Gas Flow for Normal Breathing

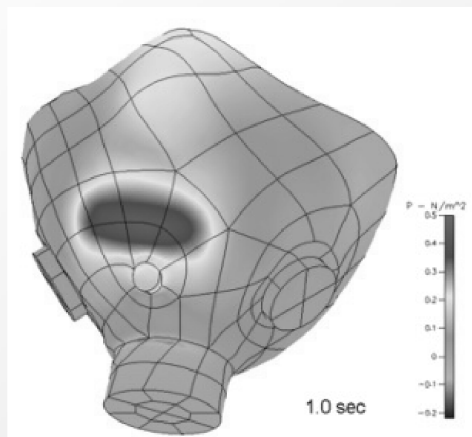
$V_T = 0.5 \text{ L}$   
 $f = 15 \text{ breaths/min}$





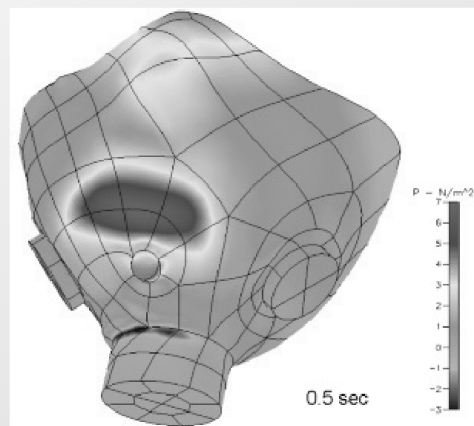
## Comparison of Pressures

### Normal Breathing



$V_T = 0.5 \text{ L}$   
 $f = 15 \text{ breaths/min}$   
P range  $\sim -0.2 \text{ to } +0.5 \text{ Pa}$

### Under Work Load



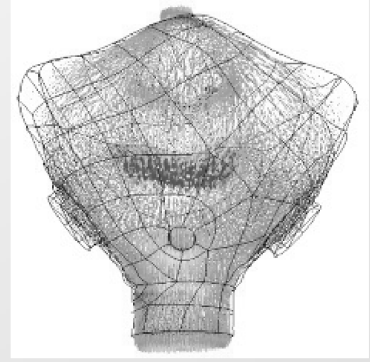
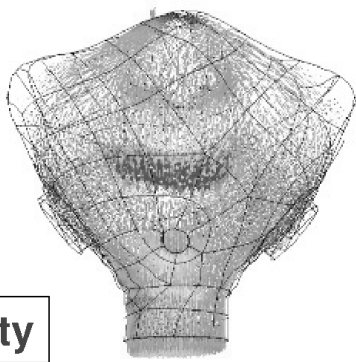
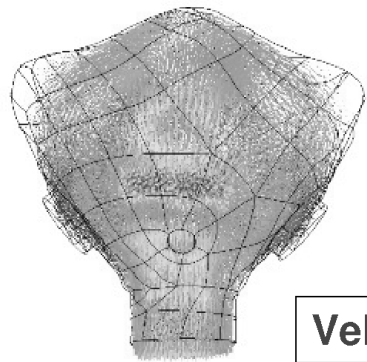
$V_T = 1 \text{ L}$   
 $f = 30 \text{ breaths/min}$   
P range  $\sim -3 \text{ to } +7 \text{ Pa}$

## Comparison of Leaks

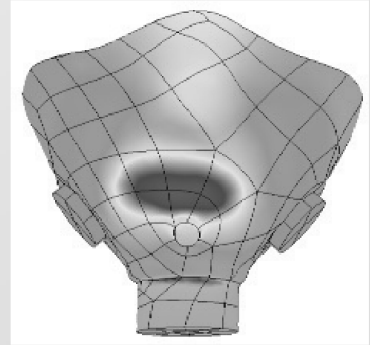
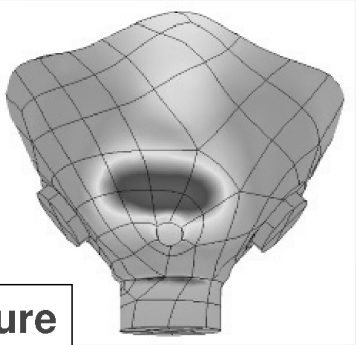
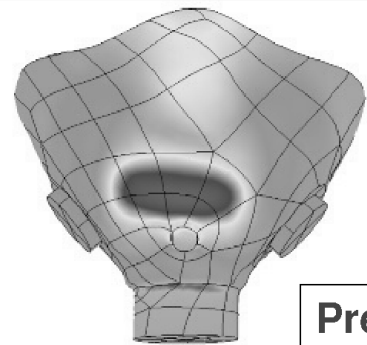
No Leak

Pinhole Leak

Long Leak



Velocity



Pressure

**Thank you**



**NIST**