

Reuss, Vicki A. (CDC/NIOSH/EID)

From:
Sent: Tuesday, December 04, 2007 10:12 AM
To: NIOSH Docket Office (CDC)
Cc: Chen, Jihong (Jane) (CDC/NIOSH/EID) (CTR); Doyle, Glenn (CDC/NIOSH/EID)
Subject: 110 - TDSH Comments

Name

Organization
Truck owner & Driver

Email

Address

USA

Comments

I believe that a majority of health issues for drivers all relates back to weight & nutrition. To many truck stops have put in fast food & taken out restaurants. Alot of driver health issues are blood pressure, weight, breathing (because of being overweight), And there are many others. I can vouch for some of these issues because I have lost 25lbs & can see a big difference. I have tried to talk to drivers about nutritional eating & healthy weight loss & how it will improve their life but it's like talking to a wall. I really think by getting drivers healthier & teaching them nutrition, not junk science dieting, alot of statics would go down. This is just one couple that has a good nutritionist & good company to work with's opinion. If you want to talk to us, Call my cell it's almost always on. Thanks,