CDC mPINC HOSPITAL SURVEY
Maternity Practices in Infant Nutrition & Care

# 2018 Nevada Results Report

**State Total Score***

**77**

**National Total Score***

**79**

### What is mPINC?

mPINC is CDC's national survey of Maternity Practices in Infant Nutrition and Care.

### What does mPINC measure?

The survey measures care practices and policies that impact newborn feeding, feeding education, staff skills, and discharge support.

### Who is included in mPINC surveys?

CDC invites all hospitals with maternity services in the U.S. and territories to participate. In 2018, 9 of 17 eligible hospitals in Nevada participated (53%).

Implementing best practices and policies in maternity care help to improve breastfeeding outcomes. Use your state's mPINC data to bring together partners, identify gaps, celebrate achievements, and prioritize next steps.

| Immediate Postpartum Care | National Subscore 81 | Nevada Subscore 79 | Nevada Hospitals with Ideal Response |
|---|---|---|---|
| Newborns remain in uninterrupted skin-to-skin contact for at least 1 hour or until breastfed (vaginal delivery) | | | 56% |
| Newborns remain in uninterrupted skin-to-skin contact for at least 1 hour or until breastfed (cesarean delivery) | | | 67% |
| Mother-infant dyads are NOT separated before rooming-in (vaginal delivery) | | | 89% |
| Newborns are monitored continuously for the first 2 hours after birth | | | 44% |

| Rooming-In | National Subscore 71 | Nevada Subscore 73 | Nevada Hospitals with Ideal Response |
|---|---|---|---|
| Mother-infant dyads are rooming-in 24 hours/day | | | 100% |
| Routine newborn exams, procedures, and care occur in the mother's room | | | 44% |
| Hospital has a protocol requiring frequent observations of high-risk mother-infant dyads | | | 56% |

| Feeding Practices | National Subscore 82 | Nevada Subscore 91 | Nevada Hospitals with Ideal Response |
|---|---|---|---|
| Few breastfeeding newborns receive infant formula | | | 56% |
| Hospital does NOT perform routine blood glucose monitoring on newborns not at risk for hypoglycemia | | | 100% |
| When breastfeeding mothers request infant formula, staff counsel them about possible consequences | | | 67% |

| Feeding Education & Support | National Subscore 92 | Nevada Subscore 94 | Nevada Hospitals with Ideal Response |
|---|---|---|---|
| Mothers whose newborns are fed formula are taught feeding techniques and how to safely prepare/feed formula | | | 78% |
| Breastfeeding mothers are taught/shown how to recognize/respond to feeding cues, to breastfeed on-demand, and to understand the risks of artificial nipples/pacifiers | | | 44% |
| Breastfeeding mothers are taught/shown how to position and latch their newborn, assess effective breastfeeding, and hand express milk | | | 44% |

| Discharge Support | National Subscore 78 | Nevada Subscore 61 | Nevada Hospitals with Ideal Response |
|---|---|---|---|
| Discharge criteria for breastfeeding newborns requires direct observation of at least 1 effective feeding at the breast within 8 hours of discharge | | | 33% |
| Discharge criteria for breastfeeding newborns requires scheduling of the first follow-up with a health care provider | | | 78% |
| Hospital's discharge support to breastfeeding mothers includes in-person follow-up visits/ appointments, personalized phone calls, or formalized, coordinated referrals to lactation providers | | | 89% |
| Hospital does NOT give mothers any of these items as gifts or free samples: infant formula; feeding bottles/nipples, nipple shields, or pacifiers; coupons, discounts, or educational materials from companies that make/sell infant formula/feeding products | | | 44% |

| Institutional Management | National Subscore 70 | Nevada Subscore 66 | Nevada Hospitals with Ideal Response |
|---|---|---|---|
| Nurses are required to demonstrate competency in assessing breastfeeding (milk transfer & maternal pain), assisting with breastfeeding (positioning & latch), teaching hand expression & safe formula preparation/feeding, and demonstrating safe skin-to-skin practices | | | 44% |
| Hospital requires nurses to be formally assessed for clinical competency in breastfeeding support/lactation management | | | 33% |
| Hospital records/tracks exclusive breastfeeding throughout the entire hospitalization | | | 100% |
| Hospital pays a fair market price for infant formula | | | 44% |
| Hospital has 100% of written policy elements§ | | | 11% |

*Scores range from 0 to 100, with 100 being the best possible score. The "Total Score" is an average of the subscores for the 6 subdomains.

§See the scoring algorithm for specific items at www.cdc.gov/breastfeeding/data/mpinc/scoring.htm

**NOTE: The mPINC survey was redesigned in 2018. Results from the 2018 mPINC survey cannot be compared with results from previous mPINC surveys.**

**Questions about the mPINC survey?**

Visit www.cdc.gov/breastfeeding/data/mpinc to learn more.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

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