CDC mPINC HOSPITAL SURVEY
Maternity Practices in Infant Nutrition & Care

# 2018 Washington Results Report

**State Total Score***

**85**

**National Total Score***

**79**

### What is mPINC?

mPINC is CDC's national survey of Maternity Practices in Infant Nutrition and Care.

### What does mPINC measure?

The survey measures care practices and policies that impact newborn feeding, feeding education, staff skills, and discharge support.

### Who is included in mPINC surveys?

CDC invites all hospitals with maternity services in the U.S. and territories to participate. In 2018, 45 of 61 eligible hospitals in Washington participated (74%).

Implementing best practices and policies in maternity care help to improve breastfeeding outcomes. Use your state's mPINC data to bring together partners, identify gaps, celebrate achievements, and prioritize next steps.

| Immediate Postpartum Care | National Subscore 81 | Washington Subscore 86 | Washington Hospitals with Ideal Response |
|---|---|---|---|
| Newborns remain in uninterrupted skin-to-skin contact for at least 1 hour or until breastfed (vaginal delivery) | | | 76% |
| Newborns remain in uninterrupted skin-to-skin contact for at least 1 hour or until breastfed (cesarean delivery) | | | 51% |
| Mother-infant dyads are NOT separated before rooming-in (vaginal delivery) | | | 98% |
| Newborns are monitored continuously for the first 2 hours after birth | | | 69% |
| **Rooming-In** | **National Subscore 71** | **Washington Subscore 86** | **Washington Hospitals with Ideal Response** |
| Mother-infant dyads are rooming-in 24 hours/day | | | 100% |
| Routine newborn exams, procedures, and care occur in the mother's room | | | 58% |
| Hospital has a protocol requiring frequent observations of high-risk mother-infant dyads | | | 76% |
| **Feeding Practices** | **National Subscore 82** | **Washington Subscore 90** | **Washington Hospitals with Ideal Response** |
| Few breastfeeding newborns receive infant formula | | | 69% |
| Hospital does NOT perform routine blood glucose monitoring on newborns not at risk for hypoglycemia | | | 96% |
| When breastfeeding mothers request infant formula, staff counsel them about possible consequences | | | 69% |

| Feeding Education & Support | National Subscore 92 | Washington Subscore 93 | Washington Hospitals with Ideal Response |
|---|---|---|---|
| Mothers whose newborns are fed formula are taught feeding techniques and how to safely prepare/feed formula | | | 76% |
| Breastfeeding mothers are taught/shown how to recognize/respond to feeding cues, to breastfeed on-demand, and to understand the risks of artificial nipples/pacifiers | | | 76% |
| Breastfeeding mothers are taught/shown how to position and latch their newborn, assess effective breastfeeding, and hand express milk | | | 67% |

| Discharge Support | National Subscore 78 | Washington Subscore 86 | Washington Hospitals with Ideal Response |
|---|---|---|---|
| Discharge criteria for breastfeeding newborns requires direct observation of at least 1 effective feeding at the breast within 8 hours of discharge | | | 80% |
| Discharge criteria for breastfeeding newborns requires scheduling of the first follow-up with a health care provider | | | 87% |
| Hospital's discharge support to breastfeeding mothers includes in-person follow-up visits/ appointments, personalized phone calls, or formalized, coordinated referrals to lactation providers | | | 93% |
| Hospital does NOT give mothers any of these items as gifts or free samples: infant formula; feeding bottles/nipples, nipple shields, or pacifiers; coupons, discounts, or educational materials from companies that make/sell infant formula/feeding products | | | 84% |

| Institutional Management | National Subscore 70 | Washington Subscore 70 | Washington Hospitals with Ideal Response |
|---|---|---|---|
| Nurses are required to demonstrate competency in assessing breastfeeding (milk transfer & maternal pain), assisting with breastfeeding (positioning & latch), teaching hand expression & safe formula preparation/feeding, and demonstrating safe skin-to-skin practices | | | 73% |
| Hospital requires nurses to be formally assessed for clinical competency in breastfeeding support/lactation management | | | 49% |
| Hospital records/tracks exclusive breastfeeding throughout the entire hospitalization | | | 87% |
| Hospital pays a fair market price for infant formula | | | 64% |
| Hospital has 100% of written policy elements§ | | | 25% |

*Scores range from 0 to 100, with 100 being the best possible score. The "Total Score" is an average of the subscores for the 6 subdomains.

§See the scoring algorithm for specific items at www.cdc.gov/breastfeeding/data/mpinc/scoring.htm

**NOTE: The mPINC survey was redesigned in 2018. Results from the 2018 mPINC survey cannot be compared with results from previous mPINC surveys.**

**Questions about the mPINC survey?**

Visit www.cdc.gov/breastfeeding/data/mpinc to learn more.

U.S. Department of Health and Human Services
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