

Appendix 3: Research Instrument

Questionnaire Global Youth Tobacco Survey (GYTS) Uganda-2002

THE NEXT 14 QUESTIONS ASK ABOUT YOUR USE OF TOBACCO

1. **Have you ever tried to smoke a cigarette, even one or two puffs?**
 - a. Yes
 - b. No
2. **How old were you when you first tried to smoke a cigarette?**
 - a. I have never tried to smoke
 - b. 7 years old or younger
 - c. 8 or 9 years old
 - d. 10 or 11 years old
 - e. 12 or 13 years old
 - f. 14 or 15 years old
 - g. 16 years old or older
3. **During the past 30 days (one month), how many days did you smoke cigarettes?**
 - a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days
4. **During the past 30 days (one month), on the days you smoked, how many cigarettes did you usually smoke?**
 - a. I did not smoke cigarettes during the past 30 days (one month)
 - b. Less than 1 cigarette per day
 - c. 1 cigarette per day
 - d. 2 to 5 cigarettes per day
 - e. 6 to 10 cigarettes per day
 - f. 11 to 20 cigarettes per day
 - g. More than 20 cigarettes per day.
5. **During the past 30 days (one month), how did you usually get the cigarettes you smoked? (SELECT ONLY ONE RESPONSE)**
 - a. I did not smoke cigarettes during the past 30 days (one month)
 - b. I bought them in a shop or from a street vendor
 - c. I gave someone else money to buy them for me
 - d. I borrowed them from someone else
 - e. I stole them
 - f. An older person gave them to me
 - g. I got them some other way.
6. **During the past 30 days (one month), what brand of cigarettes did you usually smoke? (SELECT ONLY ONE RESPONSE)**
 - a. I did not smoke cigarettes during the past 30 days
 - b. No usual brand
 - c. Sportsman
 - d. Rex
 - e. Embassy
 - f. Super match
 - g. Sweet Methal
 - h. Other (*Kali, Safari...*).

- 7. How much do you usually pay for a pack of 20 cigarettes?**
- I don't smoke cigarettes.
 - I don't buy cigarettes,
 - I don't buy them in packs.
 - Less than 1000/=
 - 1000 - 1,999/=
 - 2000 - 2,999/=
 - 3000 - 3,999/=
 - 4,000/= or more.
- 8. During the past 30 days (one-month) how much do you think you spent on cigarettes?**
- I don't smoke cigarettes.
 - I don't buy my cigarettes.
 - Less than 2,000/=
 - 2,000 - 4,999 /=
 - 5,000 - 7,999 /=
 - 8,000 - 10,999 /=
 - 11,000 -13,999 /=
 - 14,000 /= or more.
- 9. In a usual month (30 days) how much pocket money do you get?**
- I don't receive any pocket money
 - Less than 1,000/=
 - 1,000 - 5,999/=
 - 6,000 - 10,999/=
 - 11,000 - 15,999/=
 - 16,000 - 20,999/=
 - 21,000 – 25,999
 - 26,000/= or more.
- 10. During the past 30 days (one month), did anyone ever refuse to sell you cigarettes because of your age?**
- I did not try to buy cigarettes during the past 30 days (one-month)
 - Yes, someone refused to sell me cigarettes because of my age
 - No, my age did not keep me from buying cigarettes.
- 11. During the past 30 days (one month), have you ever used any form of tobacco products other than cigarettes (e.g. chewing tobacco, snuff, cigars, cigarillos, little cigars, pipe)?**
- Yes
 - No
- 12. Where do you usually smoke from? (SELECT ONLY ONE RESPONSE)**
- I have never smoked cigarettes
 - At home
 - At school
 - At work
 - At friends' houses
 - At social events
 - In public spaces (e.g. leisure parks, trading centers, street corners, Market, Beaches)
 - Other...
- 13. Do you ever have a cigarette or feel like having a cigarette first thing in the morning?**
- I have never smoked cigarettes
 - I no longer smoke cigarettes
 - No, I don't have or feel like having a cigarette first thing in the morning
 - Yes, I sometimes have or feel like having a cigarette first thing in the morning
 - Yes, I always have or feel like having a cigarette first thing in the morning

THE NEXT 17 QUESTIONS ASK ABOUT YOUR KNOWLEDGE AND ATTITUDES TOWARD TOBACCO

- 14. Do your parents smoke or did any of your parents smoke or ever smoke?**
- No
 - Both
 - Father only
 - Mother only
 - I don't know
- 15. If one of your best friends offered you a cigarette, would you smoke it?**
- No
 - May be not
 - May be yes

- d. Yes
- 16. Has anyone in your family or your friends discussed the harmful effects of smoking with you?**
 - a. Yes
 - b. No
- 17. At any time during the next 12 months do you think you will smoke a cigarette?**
 - a. No
 - b. May be not
 - c. May be yes
 - d. Yes
- 18. Do you think you will be smoking cigarettes 5 years from now?**
 - a. No
 - b. May be not
 - c. May be yes
 - d. Yes
- 19. Once someone has started smoking, do you think it would be difficult to quit?**
 - a. No
 - b. May be not
 - c. May be yes
 - d. Yes
- 20. Do you think boys who smoke cigarettes have more or less friends?**
 - a. More friends
 - b. Less friends
 - c. No difference from non-smokers
- 21. Do you think girls who smoke cigarettes have more or less friends?**
 - a. More friends
 - b. Less friends
 - c. No difference from non-smokers
- 22. Does smoking cigarettes help people feel more or less comfortable at celebrations, parties, or in other social gatherings?**
 - a. More comfortable
 - b. Less comfortable
 - c. No difference from non-smokers
- 23. Do you think smoking cigarettes makes boys look more or less attractive?**
 - a. More attractive
 - b. Less attractive
 - c. No difference from non-smokers
- 24. Do you think smoking cigarettes makes girls look more or less attractive?**
 - a. More attractive
 - b. Less attractive
 - c. No difference from non-smokers
- 25. Do you think that smoking cigarettes makes you gain or lose weight?**
 - a. Gain weight
 - b. Lose weight
 - c. No difference
 - d. I don't know
- 26. Do you think cigarette smoking is harmful to your health?**
 - a. No
 - b. May be not
 - c. May be yes
 - d. Yes
- 27. Do any of your closest friends smoke cigarettes?**
 - a. None of them
 - b. Some of them
 - c. Most of them
 - d. All of them
- 28. When you see a man smoking what do you think of him? (SELECT ONLY ONE RESPONSE)**
 - a. Lacks confidence
 - b. Stupid
 - c. Loser
 - d. Successful
 - e. Intelligent
 - f. Macho
 - g. Cool/Woo

29. When you see a woman smoking, what do you think of her? (SELECT ONLY ONE RESPONSE)

- a. Lacks confidence
- b. Stupid
- c. Loser
- d. Successful
- e. Intelligent
- f. Sophisticated
- g. Sexy/Chic
- h. Slut/Prostitute

30. Do you think it is safe to smoke for only a year or two as long as you quit after that?

- a. No
- b. May be not
- c. May be yes
- d. Yes

THE NEXT 4 QUESTIONS ASK ABOUT YOUR EXPOSURE TO OTHER PEOPLE'S SMOKING

31. Do you think the smoke from other people's cigarettes is harmful to you?

- a. No
- b. May be not
- c. May be yes
- d. Yes

32. During the past 7 days, how many days have people smoked in your home, in your presence?

- a. 0
- b. 1 to 2
- c. 3 to 4
- d. 5 to 6
- e. 7

33. During the past 7 days, how many days have people smoked in your presence, in places other than in your home?

- a. 0
- b. 1 to 2
- c. 3 to 4
- d. 5 to 6
- e. 7

34. Are you in favor of banning smoking in public places (such as in hotels, in taxi, in schools, on playgrounds, in discos, markets, shops)?

- a. Yes
- b. No

THE NEXT 6 QUESTIONS ASK ABOUT YOUR ATTITUDES TOWARD STOPPING SMOKING

35. Do you want to stop smoking now?

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Yes
- d. No

36. During the past year, have you ever tried to stop smoking cigarettes?

- a. I have never smoked cigarettes
- b. I did not smoke during the past year
- c. Yes
- d. No

37. How long ago did you stop smoking?

- a. I have never smoked cigarettes
- b. I have not stopped smoking
- c. 1-3 months
- d. 4-11 months
- e. One year
- f. 2 years
- g. 3 years or longer

38. If you have stopped smoking, what was the main reason you decided to stop smoking? (SELECT ONE ONLY)

- a. I have never smoked cigarettes
- b. I have not stopped smoking

- c. To improve my health
 - d. To save money
 - e. Because my family does not like it
 - f. Because my friends don't like it
 - g. Other...
- 39. Do you think you would be able to stop smoking if you wanted to?**
- a. I have never smoked cigarettes
 - b. I have already stopped smoking cigarettes
 - c. Yes
 - d. No
- 40. Have you ever tried to stop smoking and found that you could not?**
- a. I have never smoked a cigarette
 - b. I have successfully stopped smoking
 - c. Yes
 - d. No
- 41. How many times, if any, have you tried to quit/stop smoking?**
- a. I have never smoked
 - b. 0 times
 - c. 1 to 3 times
 - d. 4 or more times
- 42. Have you ever received help or advice to help you stop smoking? (SELECT ONLY ONE RESPONSE)**
- a. I have never smoked cigarettes
 - b. Yes, from a program or professional
 - c. Yes, from a friend
 - d. Yes, from a family member
 - e. Yes, from both programs or professionals and from friends or family members
 - f. No

THE NEXT 9 QUESTIONS ASK ABOUT YOUR KNOWLEDGE OF MEDIA MESSAGES ABOUT SMOKING

- 43. During the past 30 days (one month), how many anti-smoking media messages (e.g., television, radio, billboards, posters, newspapers, magazines, movies) have you seen/heard?**
- a. A lot
 - b. A few
 - c. None
- 44. When you go to sports events, trade-shows, concerts, bash, community events, or social gatherings, how often do you see anti-smoking messages?**
- a. I never go to sports events, bash, concerts, community events, or social gatherings
 - b. A lot
 - c. Sometimes
 - d. Never
- 45. When you watch TV, videos, or movies, how often do you see actors smoking?**
- a. I never watch TV, videos, or movies
 - b. A lot
 - c. Sometimes
 - d. Never
- 46. Do you have something (t-shirt, pen, bag, etc.) with a cigarette brand logo/symbol on it?**
- a. Yes
 - b. No
- 47. During the past 30 days (one month), when you watched sports events or other programs on TV how often did you see cigarette brand names?**
- a. I never watch TV
 - b. A lot
 - c. Sometimes
 - d. Never
- 48. During the past 30 days (one month), how many billboards with advertisements for cigarettes have you seen?**
- a. A lot
 - b. A few
 - c. None
- 49. During the past 30 days (one month), how many advertisements or promotions for cigarettes have you seen in newspapers or magazines?**

- a. A lot
 - b. A few
 - c. None
 - d. I did not mind about them
- 50. When you go to sports events, fairs, concerts, or community events, how often do you see advertisements for cigarettes?**
- a. I never attend sports events, fairs, concerts, or community events
 - b. A lot
 - c. Sometimes
 - d. Never
- 51. Has a (cigarette representative) ever offered you a free cigarette?**
- a. Yes
 - b. No

THE NEXT 4 QUESTIONS ASK ABOUT WHAT YOU WERE TAUGHT ABOUT SMOKING IN SCHOOL

- 52. During this school year, were you taught in any of your classes about the dangers of smoking?**
- a. Yes
 - b. No
 - c. Not sure
- 53. During this school year, did you discuss in any of your classes the reasons why people your age smoke?**
- a. Yes
 - b. No
 - c. Not sure
- 54. During this school year, were you taught in any of your classes about the effects of smoking like it makes your teeth yellow, causes wrinkles, or makes you smell bad?**
- a. Yes
 - b. No
 - c. Not sure
- 55. How long ago did you last discuss smoking and health as part of a lesson?**
- a. Never
 - b. This term
 - c. Last term
 - d. 2 terms ago
 - e. 3 terms ago
 - f. More than a year ago

THE LAST 3 QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF

56. How old are you?

- a. 11 years old or younger
- b. 12 years old
- c. 13 years old
- d. 14 years old
- e. 15 years old
- f. 16 years old
- g. 17 years old or older

57. What is your sex?

- a. Male
- b. Female

58. In what class are you?

- a. S.1
- b. S.2
- c. S.3