

Appendix I: The questionnaire

GLOBAL YOUTH TOBACCO SURVEY (GYTS)

INTRODUCTION

The purpose of this questionnaire is to obtain information on a number of tobacco-related issues from young learners. A sample of schools in all the provinces of South Africa will be surveyed. This survey is also being done in eleven other countries.

Please use the pencil that was given to you to colour in / fill in the circle next to the answer that you choose ● on the answer sheet provided.

If you make a mistake, carefully erase /rub out the pencil mark that was made incorrectly and then colour in / fill in the answer that you now choose. Please do not write on the answer sheet.

Please raise your hand if you are uncertain or need some help.

Remember that this questionnaire is confidential and anonymous. No teachers/parents/ guardians will see your answer sheet and your names will not be written on it.

Please answer all the questions.

Place your completed answer sheet into the envelope in front of the class.

You may keep the questionnaire and the pencil.

Thank you very much for your participation.

THE FOLLOWING QUESTIONS ASK ABOUT YOUR USE OF TOBACCO.

1. Have you ever tried or experimented with cigarette smoking, even one or two puffs?

- a. Yes
- b. No

2. How old were you when you first tried a cigarette?

- a. I have never smoked cigarettes
- b. 7 years old or younger
- c. 8 or 9 years old
- d. 10 or 11 years old
- e. 12 or 13 years old
- f. 14 or 15 years old
- g. 16 years old or older

3. How old were you when your first smoked cigarettes on a daily basis?

- a. I have never smoked cigarettes on a daily basis
- b. 7 years old or younger
- c. 8 or 9 years old
- d. 10 or 11 years old
- e. 12 or 13 years old
- f. 14 or 15 years old
- g. 16 years old or older

4. Do you smoke now?

- a. Not at all
- b. Occasionally, but less than once a month
- c. Some time each month, but less than once cigarette per week
- d. Some time each week, but less than once cigarette per day
- e. Every day at least one cigarette

5. During the past 30 days (one month), on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

6. During the past 30 days (one month), on the days you smoked, how many cigarettes did you usually smoke?

- a. I did not smoke cigarettes during the past 30 days (one month)
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

7. During the past 30 days (one month), how did you usually get your own cigarettes? (SELECT ONLY ONE RESPONSE)

- a. I did not smoke cigarettes during the past 30 days (one month)
- b. I bought them in a store, shop or from a street vendor
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed them from someone else
- f. I stole them
- g. An older person gave them to me
- h. I got them some other way

8. During the past 30 days (one month), what brand of cigarettes did you usually smoke? NB. (SELECT ONLY ONE RESPONSE FROM 8; 9 AND 10)

- a. I did not smoke cigarettes during the past 30 days
- b. No usual brand
- c. Rothmans
- d. Peter Stuyvesant
- e. Dunhill
- f. Benson & Hedges
- g. Camel
- h. Other

9.

- a. Chesterfield
- b. Consulate
- c. Forum
- d. Winston
- e. John Rolfe

10.

- a. Winfield
- b. Courtleigh
- c. Kent
- d. Lexington
- e. Cartier

11. During the past 30 days (one month), how much did you spend on cigarettes?

- a. I did not spend money on cigarettes during the past 30 days (one month)
- b. less than R1
- c. from R1 to R2
- d. between R2 and R3
- e. from R3 to R5
- f. between R5 and R10
- g. from R10 to R20
- h. more than R20

12. During the past 30 days (one month), did anyone ever refuse to sell you cigarettes because of your age?

- a. I did not try to buy cigarettes during the past 30 days (one month)
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, my age did not keep me from buying cigarettes

13. During the past 30 days (one month), have you ever used any form of tobacco products other than cigarettes (e.g. chewing tobacco, snuff, cigars, cigarillos, little cigars, pipe)?

- a. Yes
- b. No

14. Where do you usually smoke? (SELECT ONLY ONE RESPONSE)

- a. I have never smoked cigarettes
- b. At home
- c. At school
- d. At work
- e. At friends' houses
- f. At social events
- g. In public spaces (e.g. parks, shopping centres, street corners)
- h. Other

15. Do your parents know that you smoke cigarettes?

- a. I do not smoke cigarettes
- b. Yes
- c. No

16. Are you more likely to smoke cigarettes after you have drunk alcohol or used another drug (dagga/marijuana, mandrax/"cream", crack, cocaine, ecstasy, heroin, LSD)?

- a. I have never smoked cigarettes
- b. I no longer smoke cigarettes
- c. I smoke cigarettes but never drink alcohol or use other drugs
- d. No, I smoke less cigarettes when I drink alcohol or use other drugs
- e. Yes, I smoke more cigarettes when I drink alcohol or use other drugs
- f. I smoke about the same amount of cigarettes when I drink alcohol or use other drugs

17. Do you sometimes smoke tobacco mixed with other drugs, (dagga/marijuana, mandrax/"cream", crack, cocaine, ecstasy, heroin, LSD)?

- a. I have never smoked
- b. I no longer smoke
- c. No, I smoke, but I never mix tobacco with other drugs
- d. Yes, but only once or twice
- e. Yes, I have mixed tobacco with other drugs more than twice

18. Do you ever have a cigarette or feel like having a cigarette first thing in the morning?

- a. I have never smoked cigarettes
- b. I no longer smoke cigarettes
- c. No, I don't have or feel like having a cigarette first thing in the morning
- d. Yes, I sometimes have or feel like having a cigarette first thing in the morning
- e. Yes, I always have or feel like having a cigarette first thing in the morning

19. How old were you when you used chewing tobacco for the first time?

- a. I have never used chewing tobacco
- b. 7 years old or younger
- c. 8 or 9 years old
- d. 10 or 11 years old
- e. 12 or 13 years old
- f. 14 or 15 years old
- g. 16 years old or older

20. How old were you when you used snuff for the first time?

- a. I have never used snuff
- b. 7 years old or younger
- c. 8 or 9 years old
- d. 10 or 11 years old
- e. 12 or 13 years old
- f. 14 or 15 years old
- g. 16 years old or older

21. During the past 30 days, on how many days did you use chewing tobacco?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

22. During the past 30 days, on how many days did you use snuff?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

23. Where do you usually use chewing tobacco or snuff?

- a. I have never used chewing tobacco or snuff
- b. I no longer use chewing tobacco or snuff
- c. When I am alone
- d. In the company of friends
- e. At home
- f. At school
- g. Other

24. How old were you when you smoked a whole cigar, cigarillo, or little cigar for the first time?

- a. I have never smoked a whole cigar, cigarillo or little cigar
- b. 7 years old or younger
- c. 8 or 9 years old
- d. 10 or 11 years old
- e. 12 or 13 years old
- f. 14 or 15 years old
- g. 16 years old or older

THE FOLLOWING QUESTIONS ASK ABOUT ACCESS TO TOBACCO PRODUCTS

25. In the area where you live, do you know of any places that sell single or loose cigarettes?

- a. Yes
- b. No

26. During the past 30 days (one month), how did you usually get your own chewing tobacco or snuff? (SELECT ONLY ONE RESPONSE)

- a. I did not use chewing tobacco or snuff during the past 30 days (one month)
- b. I bought them in a store, shop, or street vendor
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed them from someone else
- f. I stole them
- g. An older person gave them to me
- h. I got them some other way

27. When you bought or tried to buy chewing tobacco or snuff in a shop (café or store) during the past 30 days (one month), were you ever asked your age or to show proof of age?

- a. I did not buy chewing tobacco or snuff in a store during the past 30 days (one month)
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

28. During the past 30 days (one month), did anyone ever refuse to sell you chewing tobacco or snuff because of your age?

- a. I did not try to buy chewing tobacco or snuff during the past 30 days
- b. Yes, someone refused to sell me chewing tobacco, snuff, or dip because of my age
- c. No, my age did not keep me from buying chewing tobacco or snuff

29. During the past 30 days (one month), how did you usually get your own cigars, cigarillos, or little cigars? (SELECT ONLY ONE RESPONSE)

- a. I did not smoke cigars, cigarillos, or little cigars during the past 30 days (one month)
- b. I bought them in a store, shop, or street vendor
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed them from someone else
- f. I stole them
- g. An older person gave them to me
- h. I got them some other way

30. When you bought or tried to buy cigars, cigarillos, or little cigars in a store during the past 30 days (one month), were you ever asked to show proof of age?

- a. I did not buy cigars, cigarillos, or little cigars during the past 30 days (one month)
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

THE FOLLOWING QUESTIONS ASK ABOUT YOUR KNOWLEDGE AND ATTITUDES TOWARD TOBACCO.

31. Do your parents smoke?

- a. None
- b. Both
- c. Father only
- d. Mother only
- e. I don't know

32. If one of your best friends offered you a cigarette, would you smoke it?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

33. Have anyone in your family discussed the harmful effects of smoking with you?

- a. Yes
- b. No

34. At any time during the next 12 months do you think you will smoke a cigarette?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

35. Do you think you will be smoking cigarettes 5 years from now?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

36. Once someone has started smoking, do you think it would be difficult to quit ?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

37. Do you think boys who smoke cigarettes have more or less friends?

- a. More friends
- b. Less friends
- c. No difference from non-smokers

38. Do you think girls who smoke cigarettes have more or less friends?

- a. More friends
- b. Less friends
- c. .No difference from non-smokers

39. Does smoking cigarettes help people feel more or less comfortable at celebrations, parties, or in other social gatherings?

- a. More comfortable
- b. Less comfortable
- c. No difference from non-smokers

40. Do you think smoking cigarettes makes boys look more or less attractive?

- a. More attractive
- b. Less attractive
- c. No difference from non-smokers

41. Do you think smoking cigarettes makes girls look more or less attractive?

- a. More attractive
- b. Less attractive
- c. No difference from non-smokers

42. Do you think that smoking cigarettes makes you gain or lose weight?

- a. Gain weight
- b. Lose weight
- c. No difference

43. Do you think cigarette smoking is harmful to your health?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

44. Do any of your closest friends smoke cigarettes?

- a. None of them
- b. Some of them
- c. Most of them
- d. All of them

45. When you see a man smoking, what do you think of him? (SELECT ONLY ONE RESPONSE)

- a. Lacks confidence
- b. Stupid
- c. Loser
- d. Successful
- e. Intelligent
- f. Macho

46. When you see a woman smoking, what do you think of her? (SELECT ONLY ONE RESPONSE)

- a. Lacks confidence
- b. Stupid
- c. Loser
- d. Successful
- e. Intelligent
- f. Sophisticated

47. Do you think it is safe to smoke for only a year or two as long as you quit after that?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

48. At any time during the next year do you think you will use chewing tobacco or snuff?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

49. Do you believe that light (low-tar) cigarettes are less harmful than regular (full-flavour) cigarettes?

- a. They are less harmful
- b. They are more harmful
- c. There is no difference

50. Do you think smoking cigarettes is less dangerous for a person your age because they can always stop later?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

51. Do any of your closest friends use chewing tobacco or snuff?

- a. None
- b. Some of them
- c. Most of them

52. At the present time do you consider yourself... (SELECT ONLY ONE RESPONSE)

- a. I have never smoked cigarettes
- b. An ex-smoker
- c. An occasional smoker
- d. A frequent smoker
- e. A daily smoker

THE FOLLOWING QUESTIONS ARE ABOUT YOUR EXPOSURE TO OTHER PEOPLE'S SMOKING

53. Do you think a person who smokes around others should ask permission?

- a. Yes
- b. No

54. If someone asks permission to smoke around you, do you let them?

- a. Yes
- b. No

55. Do you think the smoke from other people's cigarettes is harmful to you?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

56. During the past 7 days, on how many days have people smoked in your home, in your presence?

- a. 0
- b. 1 to 2
- c. 3 to 4
- d. 5 to 6
- e. 7

57. During the past 7 days, on how many days have people smoked in your presence, in places other than in your home?

- a. 0
- b. 1 to 2
- c. 3 to 4
- d. 5 to 6
- e. 7

58. Are you in favour of banning smoking in public places (such as in restaurants, in buses and trains, in schools, on playgrounds, in gyms and sports arenas, in discos / clubs)?

- a. Yes
- b. No

THE FOLLOWING QUESTIONS ASK ABOUT YOUR ATTITUDES TOWARD STOPPING SMOKING AND THE USE OF OTHER FORMS OF TOBACCO

59. Do you want to stop smoking now?

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Yes
- d. No

60. During the past year, have you ever tried to stop smoking cigarettes?

- a. I have never smoked cigarettes
- b. I did not smoke during the past year
- c. Yes
- d. No

61. Have you ever tried to stop smoking and found that you could not?

- a. I have never smoked a cigarette
- b. I have successfully stopped smoking
- c. Yes
- d. No

62. How many times, if any, have you tried to quit smoking?

- a. I have never smoked
- b. 0 times
- c. 1 to 3 times
- d. 4 or more times

63. How long ago did you stop smoking?

- a. I have never smoked cigarettes
- b. I have not stopped smoking
- c. 1-3 months
- d. 4-11 months
- e. One year
- f. 2 years
- g. 3 years or longer

64. What was the main reason you decided to stop smoking? (SELECT ONE ONLY)

- a. I have never smoked cigarettes
- b. I have not stopped smoking
- c. To improve my health
- d. To save money
- e. Because my family does not like it
- f. Because my friends did not like it
- g. Other

65. Do you think you would be able to stop smoking if you wanted to?

- a. I have never smoked cigarettes
- b. I have already stopped smoking cigarettes
- c. Yes
- d. No

66. When was the last time you smoked a cigarette, even one or two puffs?

- a. I have never smoked a cigarette
- b. Today
- c. Not today but sometime in the past week
- d. Not today but sometime in the past month
- e. Not today but sometime in the past 6 months
- f. Not in the past 6 months but in the past year
- g. 1 to 4 years ago
- h. 5 or more years ago

**67. Have you ever received help or advice to help you stop smoking?
(SELECT ONLY ONE RESPONSE)**

- a. I have never smoked cigarettes
- b. Yes, from a programme or professional
- c. Yes, from a friend
- d. Yes, from a family member
- e. Yes, from both programmes or professionals and from friends or family members
- f. No

68. Does your school or community have any special groups or classes for students who want to stop smoking?

- a. Yes
- b. No
- c. Not sure

69. Do you want to stop using chewing tobacco or snuff now?

- a. I have never used chewing tobacco or snuff
- b. I do not use chewing tobacco or snuff now
- c. Yes
- d. No

70. During the past year, have you ever tried to stop using chewing tobacco or snuff?

- a. I have never used chewing tobacco or snuff
- b. I did not use chewing tobacco or snuff during the past year
- c. Yes
- d. No

THE FOLLOWING QUESTIONS ASK ABOUT YOUR KNOWLEDGE OF MEDIA MESSAGES ABOUT SMOKING

71. During the past 30 days (one month), how many anti-smoking media messages (e.g., television, radio, billboards, posters, newspapers, magazines, movies) have you seen?

- a. A lot
- b. A few
- c. None

72. When you go to sports events, fairs, concerts, community events, or social gatherings, how often do you see anti-smoking messages?

- a. I never go to sports events, fairs, concerts, community events, or social gatherings
- b. A lot
- c. Sometimes
- d. Never

73. When you watch TV, videos, or movies, how often do you see actors smoking?

- a. I never watch TV, videos, or movies
- b. A lot
- c. Sometimes
- d. Never

74. Do you have something (t-shirt, pen, backpack, etc.) with a cigarette brand logo on it?

- a. Yes
- b. No

75. During the past 30 days (one month), when you watched sports events or other programmes on TV how often did you see cigarette brand names?

- a. I never watch TV
- b. A lot
- c. Sometimes
- d. Never

76. During the past 30 days (one month), how many advertisements for cigarettes have you seen on billboards?

- a. A lot
- b. A few
- c. None

77. During the past 30 days (one month), how many advertisements or promotions for cigarettes have you seen in newspapers or magazines?

- a. A lot
- b. A few
- c. None

78. During the past 30 days (one month), when you listened to the radio how often do you hear cigarette brand names mentioned?

- a. I never listen to the radio
- b. A lot
- c. Sometimes
- d. Never

79. Have you ever gone to a function (such as a concert or music event) sponsored by a cigarette brand?

- a. Yes
- b. No

80. When you go to sports events, fairs, concerts, or community events, how often do you see advertisements for cigarettes?

- a. I never attend sports events, fairs, concerts, or community events
- b. A lot
- c. Sometimes
- d. Never

81. Has a cigarette representative (someone working for a cigarette company) ever offered you a free cigarette?

- a. Yes
- b. No

THE FOLLOWING QUESTIONS ARE RELATED TO WHAT YOU WERE TAUGHT ABOUT SMOKING IN SCHOOL

82. During this school year, were you taught in any of your classes about the dangers of smoking?

- a. Yes
- b. No
- c. Not sure

83. During this school year, were you taught in any of your classes that most people your age do not smoke cigarettes?

- a. Yes
- b. No
- c. Not sure

84. During this school year, did you discuss in any of your classes the reasons why people your age smoke?

- a. Yes
- b. No
- c. Not sure

85. During this school year, were you taught in any of your classes about the effects of smoking (such as it makes your teeth yellow, causes wrinkles, or makes you smell bad)?

- a. Yes
- b. No
- c. Not sure

86. How long ago did you last discuss smoking and health as part of a lesson?

- a. Never
- b. This term
- c. Last term
- d. 2 terms ago
- e. 3 terms ago
- f. More than a year ago

QUESTIONS ABOUT ACTIVITIES IN YOUR COMMUNITY

87. During the past year, have you heard from youth groups discouraging young people your age from smoking?

- a. Yes
- b. No

87. During the past year, did any health professionals explain to you why smoking is dangerous to your health?

- a. Yes
- b. No

87. During the past year, did any religious organization discourage young people your age from smoking?

- a. Yes
- b. No

THE LAST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.

90. How old are you?

- a. 11 years old or younger
- b. 12 years old
- c. 13 years old
- d. 14 years old
- e. 15 years old
- f. 16 years old
- g. 17 years old or older

91. What is your sex?

- a. Male
- b. Female

92. In what grade are you?

- a. 8
- b. 9
- c. 10

93. During Apartheid, people were placed into different groups. In which group do you think that you would have been placed?

- a. Black/African
- b. Coloured
- c. Indian
- d. White
- e. Other
- f. I do not know

THAT WAS THE LAST QUESTION!!!
