

After the Criteria discussion, participants stayed at the same tables and discussed the Goal Area they selected. Thirty-three participants elected to discuss the Healthy People Objectives and formed three small discussion groups.

## **HEALTHY PEOPLE**

### **Which objectives are most important to you and your community and why?**

Participants listed numerous Objectives but the most commonly heard rationale for adding an Objective to the list was that it promoted prevention or a person's health follows them throughout their life so it is important to address healthcare issues early (in the first three life stages). Participants also said that Arkansas has a high rate of unintended pregnancies so Objective 19, prevent HIV, STDs, and unintended pregnancy, is very important in their community.

### **Are there any big objectives missing from the list?**

- *Disabilities*: Participants noted the dearth of Objectives focused on people with disabilities.
- *Disparities*: Participants wanted to see specifics on how health disparities will be addressed.
- *HIV/STDs/Unintended Pregnancies*: Numerous participants wrote comments suggesting that HIV/STDs and unintended pregnancies be addressed in all age groups, especially including adults and the elderly.
- *Mental Health*: Participants thought that mental health issues such as Alzheimer's disease should be addressed by the Objectives.
- *Prevention*: Participants wanted even more Objectives focusing on prevention and upstream issues that comprise health later in life. One group suggested having one prevention objective for all life stages because health is a continuous trait.
- *Obesity*: Participants wanted obesity prevention to start as early as age 0-3.
- *Healthy Behaviors*: Participants said that healthy behaviors, such a physical activity and having a nutritious diet, should be an Objective for all age groups, not just children.

### **What is the overall reaction of the group to the objectives for this overarching area taken as a group?**

The participants felt that the Objectives need to consider the existing infrastructure and should be more specific (especially concerning the affected population).

### **Do the objectives for this overarching area look consistent with the criteria?**

Participants thought that the objectives do seem to be consistent with the criteria though it may be difficult to compare the objectives with each other.