

Summary Worksheet

Heart-Healthy and Stroke-Free Living

What Are Your Most Important Results?

Condense the findings recorded on your Results Worksheets to highlight the most important assets, strengths, needs, and challenges. Identify the most important geographic scales influencing heart-healthy living in your community. You may freely reproduce this worksheet.

Questions	Most Important Assets/Strengths	Most Important Needs/Challenges	Geographic Scales
Food Environments			Individual memory Household School Worksite Neighborhood Town or city Counties State Region
Recreational Environments			Individual memory Household School Worksite Neighborhood Town or city Counties State Region
Smoke-Free Environments			Individual memory Household School Worksite Neighborhood Town or city Counties State Region