

# Steps for Collecting Finger Stick Capillary Blood Using a Microtainer®



1 Place all collection materials on top of a disposable pad. Open the lancet, alcohol swabs, gauze, bandage, and other items. Have all items ready for blood collection.



2 Put on powder-free gloves. Turn patient's hand upward. Massage patient's hand and lower part of the finger to increase blood flow.



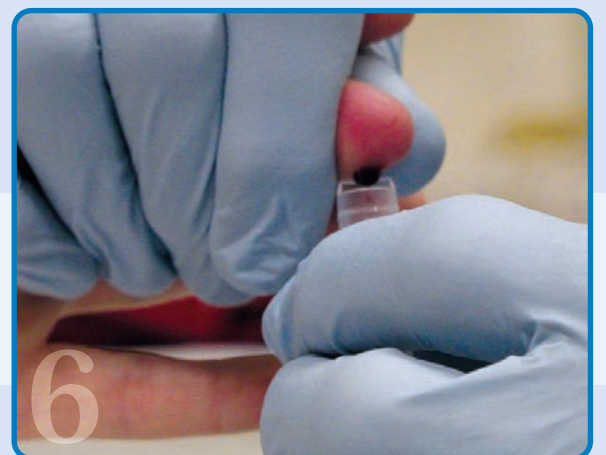
3 Scrub the patient's middle finger or ring finger with an alcohol swab. Dry with gauze.



4 Hold the finger in an upward position and lance the palm-side surface of the finger with proper-size lancet (adult/child). Press firmly on the finger when making the puncture. Doing so will help you to obtain the amount of blood you need.



5 Apply slight pressure to start blood flow. Blot the first drop of blood on a gauze pad and discard pad in appropriate biohazard container.



6 Keep the finger in a downward position and gently massage it to maintain blood flow. Hold the Microtainer® at an angle of 30 degrees below the collection site and use the scoop on the Microtainer® to fill it to the 250-500 µL level.



7 Cap the Microtainer® and gently invert it 10 times to prevent clots from forming. Properly discard all used materials and refrigerate the specimen until shipment or analysis.



8 Apply a sterile adhesive bandage over the puncture site.



For more information visit  
[www.cdc.gov](http://www.cdc.gov)

