

Table 2. Top 5 diagnoses at visits to office-based physicians and hospital outpatient departments by patient age and sex: United States, 2008

Leading diagnoses ¹	Number of visits in millions		Number of visits per 1,000 persons ²	
	2003	2008	2003	2008
Male				
All ages	405.5	425.8	2,908	2,911
Under 15 years old³	89.1	89.6	2,870	2,869
Routine infant or child health check	16.8	23.1	541	740
Acute upper respiratory infections, excluding pharyngitis	7.8	8.1	250	259
Otitis media and eustachian tube disorders	8.4	7.4	269	236
Acute pharyngitis	2.1	3.4	66	107
Attention deficit disorder	3.3	2.8	106	91
15 to 44 years old³	104.0	93.4	1,710	1,524
General medical examination	4.4	4.8	72	78
Acute upper respiratory infections, excluding pharyngitis	4.0	3.2	65	53
Spinal disorders	3.4	3.2	56	52
Essential hypertension	2.1	2.8	35	46
Rheumatism, excluding back	1.9	2.5	32	41
45 to 64 years old³	112.6	127.2	3,404	3,376
Essential hypertension	7.6	8.6	231	227
Diabetes mellitus	5.2	6.4	156	171
Spinal disorders	4.7	5.4	143	144
Arthropathies and related disorders	4.5	4.1	135	110
Malignant neoplasms	2.6	4.0	78	107
65 years old and over³	99.8	115.5	6,881	7,211
Essential hypertension	7.2	8.8	496	546
Heart disease, excluding ischemic	3.7	6.7	256	416
Malignant neoplasms	6.3	6.3	434	392
Ischemic heart disease	3.6	6.0	250	376
Diabetes mellitus	5.5	5.9	380	366
Female				
All ages	595.1	640.1	4,074	4,199
Under 15 years old³	78.0	79.9	2,630	2,679
Routine infant or child health check	14.0	21.9	472	733
Acute upper respiratory infections, excluding pharyngitis	7.8	7.1	262	239
Otitis media and eustachian tube disorders	6.4	6.2	217	209
Acute pharyngitis	3.3	3.1	110	105
Streptococcal sore throat	*1.3	1.6	*45	55
15 to 44 years old³	208.3	212.8	3,386	3,458
Normal pregnancy	25.6	24.7	415	401
Gynecological examination	9.8	10.1	160	165
Complications of pregnancy, childbirth, and the puerperium	7.4	7.7	121	124
General medical examination	5.5	6.1	89	99
Acute upper respiratory infections, excluding pharyngitis	7.7	5.1	124	84
45 to 64 years old³	167.9	188.1	4,781	4,720
Essential hypertension	8.2	12.0	234	302
Arthropathies and related disorders	8.1	7.9	231	198
Rheumatism, excluding back	6.0	6.4	170	161
Diabetes mellitus	6.0	6.4	170	160
Spinal disorders	4.7	6.1	134	153
65 years old and over³	140.9	159.3	7,123	7,509
Essential hypertension	11.1	15.4	563	728
Arthropathies and related disorders	8.1	7.7	408	364
Heart disease, excluding ischemic	4.3	6.9	218	328
Diabetes mellitus	5.3	6.1	269	290
Malignant neoplasms	3.9	5.2	199	244

* Figure does not meet standards of reliability or precision.

¹ Based on the International Classification of Diseases, 9th Revision, Clinical Modification (ICD-9-CM).

² Based on U.S. Census Bureau estimated civilian noninstitutional population as of July 1.

³ Includes other first-listed diagnoses, not shown separately.

Source: Centers for Disease Control and Prevention, National Center for Health Statistics, National Ambulatory Medical Care Survey and National Hospital Ambulatory Medical Care Survey.

NOTE: For general information about survey methodology, reliability of estimates, and other technical information, readers can refer to the 2006 National Ambulatory Medical Care Survey: 2006 Summary (<http://www.cdc.gov/nchs/data/nhsr/nhsr003.pdf>) and the 2006 National Hospital Ambulatory Medical Care Survey: 2006 Outpatient Department Summary (<http://www.cdc.gov/nchs/data/nhsr/nhsr004.pdf>).

Contact the Ambulatory and Hospital Care Statistics Branch, 301-458-4600, for more information.