References

Presentation on the School Health Guidelines to Promote Healthy Eating and Physical Activity

The references below are designed to accompany CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity PowerPoint® presentation. The free presentation and speaker notes are available for download at www.cdc.gov/healthyyouth/npao/presentationslides.ppt.

- 1. U.S. Department of Health and Human Services, National Institutes of Health, National Heart, Lung, and Blood Institute. *Overweight and Obesity*. Bethesda, MD: National Institutes of Health; 2011.
- 2. Institute of Medicine. *Preventing Childhood Obesity: Health in the Balance*. Washington, DC: The National Academies Press; 2004.
- 3. National Center for Health Statistics. *Health, United States, 2010: With Special Feature on Death and Dying.* Hyattsville, MD: National Center for Health Statistics; 2011.
- 4. Ogden CL. Prevalence of high body mass index in U.S. children and adolescents, 2007–2008. *Journal of the American Medical Association* 2010;303(3):242–249.
- 5. Daniels S, Arnett D, Eckel R, Gidding S, Hayman L, Kumanyika S, et al. Overweight in children and adolescents: pathophysiology, consequences, prevention, and treatment. *Circulation* 2005;111(115):1999–2012.
- 6. Dietz WH. Overweight in childhood and adolescence. *New England Journal of Medicine* 2004;350(9):855–7.
- 7. Freedman DS, Mei Z, Srinivasan SR, Berenson GS, Dietz WH. Cardiovascular risk factors and excess adiposity among overweight children and adolescents: the Bogalusa Heart Study. *Journal of Pediatrics* 2007;150(1):12–17.
- 8. CDC. *High Cholesterol: Understand Your Risks*. Atlanta, GA: U.S. Department of Health and Human Services; 2011. Available at www.cdc.gov/cholesterol.
- 9. CDC. National Diabetes Fact Sheet: National Estimates and General Information on Pre-Diabetes in the United States, 2011. Atlanta, GA: U.S. Department of Health and Human Services; 2011. Available at www.cdc.gov/diabetes/pubs/pdf/ndfs_2011.pdf.
- 10. CDC. *About High Blood Pressure*. Atlanta, GA: U.S. Department of Health and Human Services; 2010. Available at www.cdc.gov/bloodpressure/about.htm.
- 11. Schwartz MB, Puhl R. Childhood obesity: a societal problem to solve. *Obesity Reviews* 2003;4(1):57–71.



- 12. Schwimmer JB, Burwinkle TM, Varni JW. Health-related quality of life of severely obese children and adolescents. *Journal of the American Medical Association* 2003;289(14):1813–1819.
- 13. Freedman DS, Kettel L, Serdula MK, Dietz WH, Srinivasan SR, Berenson GS. The relation of childhood BMI to adult adiposity: the Bogalusa Heart Study. *Pediatrics* 2005;115(1):22–27.
- 14. Guo SS, Chumlea WC. Tracking of body mass index in children in relation to overweight in adulthood. *American Journal of Clinical Nutrition* 1999;70(1):1455–148S.
- 15. Office of the Surgeon General. *The Surgeon General's Vision for a Healthy and Fit Nation*. Rockville, MD: U.S. Department of Health and Human Services; 2010.
- 16. Daniels SR. The consequences of childhood overweight and obesity. *The Future of Children* 2006;16(1):47–67.
- 17. Freedman DS, Khan LK, Dietz WH, Srinivasan SA, Berenson GS. Relationship of childhood obesity to coronary heart disease risk factors in adulthood: the Bogalusa Heart Study. *Pediatrics* 2001;108(3):712–718.
- 18. Kushi LH, Byers T, Doyle C, Bandera EV, McCullough M, Gansler T, et al. American Cancer Society guidelines on nutrition and physical activity for cancer prevention: reducing the risk of cancer with healthy food choices and physical activity. *CA: A Cancer Journal for Clinicians* 2006;56(5):254–281.
- 19. Snyder TD, Dillow A, editors. *Digest of Education Statistics: 2010*. Washington, DC: National Center for Education Statistics; 2011. Available at nces.ed.gov/programs/digest/d10/.
- 20. Institute of Education Sciences. *Educational Indicators, Indicator 24: Time in Formal Instruction*. Washington, DC: U.S. Department of Education; 2010. Available at nces.ed.gov/pubs/eiip/eiipid24.asp.
- 21. Institute of Medicine. *School and Health: Our Nation's Investment*. Washington, DC: The National Academy Press; 1997.
- 22. Kolbe LJ. Education reform and the goals of modern school health programs. *The State Education Standard* 2002;3:4–11.
- 23. Brener ND, Kann L, O'Toole TP, Wechsler H, Kimmons J. Competitive foods and beverages available for purchase in secondary schools—selected sites, United States, 2006. *MMWR* 2009;57(34):935–938.
- 24. Fox MK, Gordon AR, Nogales R, Wilson A. Availability and consumption of competitive foods in U.S. public schools. *Journal of the American Dietetic Association* 2009;109(2 Suppl):S57–S66.
- 25. O'Toole T, Anderson S, Miller C, Guthrie J. Nutrition services and foods and beverages available at school: results from the School Health Policies and Programs Study 2006. *Journal of School Health* 2007;77(8):500–521.
- 26. U.S. Government Accountability Office. *School Meal Programs: Competitive Foods Are Widely Available and Generate Substantial Revenues for Schools*. GAO-050563. Washington, DC: U.S. Government Accountability Office; 2005.
- 27. Federal Trade Commission. *Marketing Food to Children and Adolescents: A Review of Industry Expenditures, Activities, and Self Regulation*. Washington, DC: Federal Trade Commission; 2008.
- 28. Institute of Medicine. *Food Marketing to Children and Youth: Threat or Opportunity?* McGinnis JM, Gootman J, Kraak VI, editors. Washington, DC: The National Academies Press; 2006.

- 29. Lee SM, Burgeson CR, Fulton JE, Spain CG. Physical education and physical activity: results from the School Health Policies and Programs Study 2006. *Journal of School Health* 2007;77(8):435–63.
- 30. Federal Highway Administration. *Safe Accountable Flexible Efficient Transportation Equity Act (SAFETEA-LU)*. Washington, DC: U.S. Department of Transportation; 2005.
- 31. CDC. The Association Between School-based Physical Activity, Including Physical Education, and Academic Performance. Atlanta, GA: U.S. Department of Health and Human Services; 2010.
- 32. Hoyland A, Dye L, Lawton CL. A systematic review of the effect of breakfast on the cognitive performance of children and adolescents. *Nutrition Research Reviews* 2009;22(2):220–243.
- 33. Rampersaud GC, Pereira MA, Girard BL, Adams J, Metzl JD. Breakfast habits, nutritional status, body weight, and academic performance in children and adolescents. *Journal of the American Dietetic Association* 2005;105(5):743–760.
- 34. Taras HL. Nutrition and student performance at school. *Journal of School Health* 2005;75(6):199–213.
- 35. Dietary Guidelines Advisory Committee. *Report of the Dietary Guidelines Advisory Committee on the Dietary Guidelines for Americans, 2010, to the Secretary of Agriculture and the Secretary of Health and Human Services.* Washington, DC: U.S. Department of Agriculture, Agricultural Research Service; 2010.
- 36. Physical Activity Guidelines Advisory Committee. *Physical Activity Guidelines Advisory Committee Report, 2008.* Washington, DC: U.S. Department of Health and Human Services; 2008.
- 37. Cho H, Nadow M. Understanding barriers to implementing quality lunch and nutrition education. *Journal of Community Health* 2004;29(5):421–435.
- 38. Fetro JV. Implementing coordinated school health programs in local schools. In: Marx E, Wooley SF, Northrop D, editors. *Health Is Academic*. New York, NY: Teachers College Press; 1998:15–42.
- 39. Jones SE, Fisher C, Greene BZ, Hertz MF, Pritzl J. Healthy and safe school environment, part 1: results from the School Health Policies and Programs Study 2006. *Journal of School Health* 2007;77(8):522–543.
- 40. Pateman B, Irvin LH, Shoji L, Serna K. Building school health programs through public health initiatives: the first three years of the Healthy Hawaii Initiative partnership for school health. *Preventing Chronic Disease* 2004;1(1):A10–A16.
- 41. Valois RF, Hoyle TB. Formative evaluation results from the Mariner Project: a coordinated school health pilot program. *Journal of School Health* 2000;70(3):95–103.
- 42. American Cancer Society. *Improving School Health: A Guide to School Health Councils*. Atlanta, GA: American Cancer Society; 1999.
- 43. Shirer K. *Promoting Healthy Youth, Schools, and Communities: A Guide to Community-School Health Councils*. Miller PP, editor. 2061.00 Rev. Atlanta, GA: American Cancer Society; 2003.
- 44. American Cancer Society. *Improving School Health: A Guide to the Role of the School Health Coordinator.* Atlanta, GA: American Cancer Society; 1999.
- 45. Resnicow K, Allensworth D. Conducting a comprehensive school health program. *Journal of School Health* 1996;66(2):59–63.
- 46. Winnail S, Dorman S, Stevenson B. Training leaders for school health programs: the National School Health Coordinator Leadership Institute. *Journal of School Health* 2004;74(3):79–84.

- 47. CDC. School Health Index: A Self-Assessment and Planning Guide. Middle School/High School Version. Atlanta, GA: U.S. Department of Health and Human Services; 2005.
- 48. CDC. School Health Index: A Self-Assessment and Planning Guide. Elementary School Version. Atlanta, GA: U.S. Department of Health and Human Services; 2005.
- 49. Bogden JF. Fit, Healthy, and Ready To Learn: A School Health Policy Guide. Part 1: Physical Activity, Healthy Eating, and Tobacco-Use Prevention. Alexandria, VA: National Association of State Boards of Education; 2000.
- 50. CDC. Framework for program evaluation in public health. MMWR 1999;48(RR-11):1-40.
- 51. Sallis JF, Conway TL, Prochaska JJ, McKenzie TL, Marshall SJ, Brown M. The association of school environments with youth physical activity. *American Journal of Public Health* 2001;91(4):618–620.
- 52. Wechsler H, Devereaux RS, Davis M, Collins J. Using the school environment to promote physical activity and healthy eating. *Preventive Medicine* 2000;31(2):S121–S137.
- 53. Taras H, Duncan P, Luckenbill D, Robinson J, Wheeler L, Wooley S. *Health, Mental Health, and Safety Guidelines for Schools*; 2004. Available at www.nationalguidelines.org.
- 54. U.S. Department of Agriculture. *Changing the Scene: Improving the School Nutrition Environment*. Alexandria, VA: U.S. Department of Agriculture; 2000.
- 55. Food and Nutrition Service, U.S. Department of Agriculture, CDC, U.S. Department of Health and Human Services, U.S. Department of Education. *Making it Happen: School Nutrition Success Stories*. Alexandria, VA: U.S. Department of Agriculture; 2005.
- 56. French SA. Pricing effects on food choices. Journal of Nutrition 2003;133(3):8415–843S.
- 57. Shannon C, Story M, Fulkerson JA, French SA. Factors in the school cafeteria influencing food choices by high school students. *Journal of School Health* 2002;72(6):229–234.
- 58. Hart JE, Ritson RJ. *Liability and Safety in Physical Education and Sport*. 2nd edition. Reston, VA: National Association for Sport and Physical Education; 2002.
- 59. National Association for Sport and Physical Education. *Guidelines for After-School Physical Activity and Intramural Sport Programs*. Reston, VA: National Association for Sport and Physical Education; 2001.
- 60. National Program for Playground Safety. *S.A.F.E. Playground Supervision Kit.* Cedar Falls, IA: National Program for Playground Safety; 2002.
- 61. U.S. Consumer Product Safety Commission. *Handbook for Public Playground Safety*. Washington, DC: U.S. Government Printing Office; 2010.
- 62. National Association for Sport and Physical Education. *What Constitutes a Quality Physical Education Program?* Reston, VA: National Association for Sport and Physical Education; 2003.
- 63. Institute of Medicine. *Nutrition Standards for Foods in Schools: Leading the Way Toward Healthier Youth*. Stallings VA, Yaktine AL, editors. Washington DC: The National Academies Press; 2007.
- 64. French SA, Story M, Fulkerson JA, Hannan P. An environmental intervention to promote lower-fat food choices in secondary schools: outcomes of the TACOS Study. *American Journal of Public Health* 2004;94(9):1507–1512.
- 65. Jones SJ, Gonzalez W, Frongillo EA. Policies that restrict sweetened beverage availability may reduce consumption in elementary-school children. *Public Health Nutrition* 2009;13(4):589–595.

- 66. Snelling AM, Kennard T. The impact of nutrition standards on competitive food offerings and purchasing behaviors of high school students. *Journal of School Health* 2009;79(11):541–546.
- 67. CDC. Implementing Strong Nutrition Standards for Schools: Financial Implications. Atlanta, GA; U.S. Department of Health and Human Services; 2011. Available at www.cdc.gov/healthyyouth/nutrition/pdf/financial_implications.pdf.
- 68. U.S. Department of Health and Human Services. 2008 Physical Activity Guidelines for Americans. Washington, DC: U.S. Department of Health and Human Services; 2008.
- 69. National Association for Sport and Physical Education. *Understanding the Difference: Is It Physical Education or Physical Activity?* Reston, VA: National Association for Sport and Physical Education; 2005.
- 70. National Association for Sport and Physical Education. *Comprehensive School Physical Activity Programs*. Reston, VA: National Association for Sport and Physical Education; 2008.
- 71. Kahn EB, Ramsey LT, Brownson RC, Heath GW, Howze EH, Powell KE, et al. The effectiveness of interventions to increase physical activity. A systematic review. *American Journal of Preventive Medicine* 2002;22(Suppl 4):73–107.
- 72. National Association for Sport and Physical Education. *Moving into the Future: National Standards for Physical Education*. 2nd edition. Reston, VA: National Association for Sport and Physical Education; 2004.
- 73. National Association for Sport and Physical Education. *Physical Education Is Critical to a Complete Education*. Reston, VA: National Association for Sport and Physical Education; 2001.
- 74. National Association for Sport and Physical Education. *Appropriate Instructional Practice Guidelines for Elementary School Physical Education*. 3rd edition. Reston, VA: National Association for Sport and Physical Education; 2009.
- 75. National Association for Sport and Physical Education. *Appropriate Instructional Practice Guidelines for Middle School Physical Education*. 3rd edition. Reston, VA: National Association for Sport and Physical Education; 2009.
- 76. National Association for Sport and Physical Education. *Appropriate Instructional Practices for High School Physical Education*. 3rd edition. Reston, VA: National Association for Sport and Physical Education; 2009.
- 77. National Consortium for Physical Education and Recreation for Individuals with Disabilities. Adapted Physical Education National Standards. 2nd edition. Champaign, IL: Human Kinetics; 2006.
- 78. Joint Committee on National Health Education Standards. *National Health Education Standards: Achieving Excellence*. 2nd edition. Atlanta, GA: American Cancer Society; 2007.
- 79. CDC. *Health Education Curriculum Analysis Tool*. Atlanta, GA: U.S. Department of Health and Human Services; 2007.
- 80. Allensworth DD. The research base for innovative practices in school health education at the secondary level. *Journal of School Health* 1994;64(5):180–187.
- 81. Lavin AT. Comprehensive school health education: barriers and opportunities. *Journal of School Health* 1993;6(1):24–27.
- 82. CDC. *Coordinated School Health*. Atlanta, GA: U.S. Department of Health and Human Services; 2008. Available at www.cdc.gov/healthyyouth/cshp.

- 83. American Academy of Pediatrics Council on School Health. Role of the school nurse in providing school health services. *Pediatrics* 2008;121(5):1052–1056.
- 84. Nihiser AJ, Lee SM, Wechsler H, McKenna M, Odom E, Reinold C, et al. Body mass index measurement in schools. *Journal of School Health* 2007;77(10):651–671.
- 85. American Academy of Pediatrics Committee on School Health. *School Health: Policy & Practice*. 6th edition. Elk Grove, IL: American Academy of Pediatrics; 2004.
- 86. National Association of School Nurses. *Role of the School Nurse: Issue Brief.* Silver Spring, MD: National Association of School Nurses, Inc.; 2002.
- 87. Epstein J. School, Family, and Community Partnerships: Preparing Educators and Improving Schools. Boulder, CO: Westview Press; 2001.
- 88. Gerne KM, Epstein JL. The power of partnerships: school, family, and community collaborations to improve children's health. *RMC Health Educator* 2004;4:1–7.
- 89. Epstein JL, Sanders MG, Sheldon SB, Simon BS, Salinas KC, Rodriguez Jansorn N, et al. *School, Family, and Community Partnerships: Your Handbook for Action*. 3rd edition. Thousand Oaks, CA: Corwin Press; 2009.
- 90. Good TL, Wiley AR, Thomas RE, Stewart E, McCoy J, Kloos B, et al. Bridging the gap between schools and community: organizing for family involvement in a low-income neighborhood. *Journal of Educational and Psychological Consultation* 1997;8:277–296.
- 91. Economos CD, Hyatt RR, Goldberg JP, Must A, Naumova EN, Collins JJ, et al. A community intervention reduces BMI z-score in children: Shape Up Somerville first year results. *Obesity* 2007;15(5):1325–1336.
- 92. Kakli Z, Kreider H, Little P, Buck T, Coffey M. Focus on Families! How To Build and Support Family-Centered Practices in After School. Boston, MA: United Way of Massachusetts Bay, Harvard Family Research Project, Build the Out-of-School Time Network; 2006.
- 93. Pentz MA. The school-community interface in comprehensive school health education. In: Allensworth D, Lawson E, Nicholson L, Wyche J, editors. *Schools & Health*. Washington, DC: The National Academy Press; 1997:305–336.
- 94. Nader PR, Sellers DE, Johnson CC, Perry CL, Stone EJ, Cook KC, et al. The effect of adult participation in a school-based family intervention to improve children's diet and physical activity: the Child and Adolescent Trial for Cardiovascular Health. *Preventive Medicine* 1996;25(4):455–464.
- 95. Fothergill K, Ballard E. The school-linked health center: a promising model of community-based care for adolescents. *Journal of Adolescent Health* 1998;23(1):29–38.
- 96. Policy Leadership for Active Youth. *Addressing Overweight: Interventions Tailored to the Rural South.* Atlanta, GA: Georgia State University; 2005.
- 97. Cohen L, Baer N, Satterwhite P. Developing Effective Coalitions: An Eight Step Guide. In: Wurzbach J, editor. *Community Health Education and Promotion: A Guide to Program Design and Evaluation*. 2nd edition. Gaithersburg, MD: Aspen Publishers, Inc.; 2002:144–161.
- 98. Coleman KJ, Tiller CL, Sanchez J, Heath EM, Sy O, Milliken G, et al. Prevention of the epidemic increase in child risk of overweight in low-income schools: the El Paso coordinated approach to child health. *Archives of Pediatric and Adolescent Medicine* 2005;159(3):217–224.

- 99. Lopez R, Campbell R, Jennings J. The Boston Schoolyard Initiative: a public-private partnership for rebuilding urban play space. *Journal of Health Politics, Policy, and Law* 2008;33:617–638.
- 100. Allegrante JP, Michela JL. Impact of a school-based workplace health promotion program on morale of inner-city teachers. *Journal of School Health* 1990;60(1):25–28.
- 101. Blair SN, Collingwood TR, Reynolds K, Smith M, Hagan RD, Sterling CL. Health promotion for educators: impact on health behaviors, satisfaction, and general well-being. *American Journal of Public Health* 1984;74(2):147–149.
- 102. Cullen KW, Baranowski T, Herbert D, deMoor C, Hearn MD, Resnicow K. Influence of school organizational characteristics on the outcomes of a school health promotion program. *Journal of School Health* 1999;69(9):376–380.
- 103. Partnership for Prevention. *Healthy Workforce 2010: An Essential Health Promotion Sourcebook for Employers Large and Small.* Washington, DC: Partnership for Prevention; 2001.
- 104. Wisconsin Department of Health and Family Services, Division of Public Health, Nutrition and Physical Activity Program, Wisconsin Partnership for Activity and Nutrition. Wisconsin Worksite Resource Kit To Prevent Obesity and Related Chronic Diseases. Madison, WI: Wisconsin Department of Health and Family Services; 2007.
- 105. Aldana SG. Financial impact of health promotion programs: a review of the literature. *American Journal of Health Promotion* 2001;15(5):296–320.
- 106. Davis L, Loyo K, Glowka A, Schwertfeger R, Danielson L, Brea C, et al. A comprehensive worksite wellness program in Austin, Texas: partnership between Steps to a Healthier Austin and Capital Metropolitan Transportation Authority. *Preventing Chronic Disease* 2009;6(2):A60.
- 107. CDC. Public health strategies for preventing and controlling overweight and obesity in school and worksite settings: a report on recommendations of the Task Force on Community Preventive Services. *MMWR* 2005;54(RR-10):1–12.
- 108. Galemore CA. Worksite wellness in the school setting. *Journal of School Nursing* 2000;16(2):42–45.
- 109. Directors of Health Promotion and Education. *School Employee Wellness: A Guide for Protecting the Assets of Our Nation's Schools*. Washington, DC: Directors of Health Promotion and Education; 2007.
- 110. Brissette I, Fisher B, Spicer DA, King L. Worksite characteristics and environmental and policy supports for cardiovascular disease prevention in New York State. *Preventing Chronic Disease* 2008;5(2):A37.
- 111. Hawkins C, O'Garro MA, Wimsett K. Engaging employers to develop healthy workplaces: the WorkWell initiative of Steps to a Healthier Washington in Thurston County. *Preventing Chronic Disease* 2009;6(2):A61.
- 112. Davis M, Baranowski T, Resnicow K, Baranowski J, Doyle C, Smith M, et al. Gimme 5 fruit and vegetables for fun and health: process evaluation. *Health Education and Behavior* 2000;27(2):167–176.
- 113. Davis K, Burgeson CR, Brener ND, McManus T, Wechsler H. The relationship between qualified personnel and self-reported implementation of recommended physical education practices and programs in U.S. schools. *Research Quarterly for Exercise & Sport* 2005;76(2):202–211.

- 114. Dwyer JJ, Allison KR, Barrera M, Hansen B, Goldenberg E, Boutilier MA. Teachers' perspective on barriers to implementing physical activity curriculum guidelines for school children in Toronto. *Canadian Journal of Public Health* 2003;94(6):448–452.
- 115. Kelder SH, Mitchell PD, McKenzie TL, Derby C, Strikmiller PK, Luepker RV, et al. Long-term implementation of the CATCH physical education program. *Health Education and Behavior* 2003;30(4):463–475.
- 116. Kulinna PH, Silverman S. Teachers' attitudes toward teaching physical activity and fitness. *Research Quarterly for Exercise & Sport* 2000;71(1):80–84.
- 117. McKenzie TL, Nader PR, Strikmiller PK, Yang M, Stone EJ, Perry CL, et al. School physical education: effect of the Child and Adolescent Trial for Cardiovascular Health. *Preventing Medicine* 1996;25(4):423–431.
- 118. Auld G, Romaniello C, Heimendinger J, Hambidge C, Hambidge M. Outcomes from a school-based nutrition education program using resource teachers and cross-disciplinary models. *Journal of Nutrition Education* 1998;30(5):268–280.
- 119. Fulkerson JA, French SA, Story MA, Syder P, Paddock M. Foodservice staff perceptions of their influence on student food choices. *Journal of the American Dietetic Association* 2002;102(1):97–99.
- 120. McKenzie TL, Feldman H, Woods SE, Romero KA, Dahlstrom V, Stone EJ, et al. Children's activity levels and lesson context during third-grade physical education. *Research Quarterly for Exercise & Sport* 1995;66(3):184–193.
- 121. McKenzie TL, Marshall SJ, Sallis JF, Conway TL. Student activity levels, lesson context, and teacher behavior during middle school physical education. *Research Quarterly for Exercise & Sport* 2000;71(3):249–259.
- 122. Sallis JF, McKenzie TL, Alcaraz JE, Kolody B, Faucette N, Hovell MF. The effects of a 2-year physical education program (SPARK) on physical activity and fitness in elementary school students. Sports, Play, and Active Recreation for Kids. *American Journal of Public Health* 1997;87(8):1328–1334.
- 123. Halpern R. After-school programs for low-income children: promise and challenges. *The Future of Children* 1999;9(2):81–95.
- 124. Wei RC, Darling-Hammond L, Andree A, Richardson N, Orphanos S. *Professional Learning in the Learning Profession: A Status Report on Teacher Development in the United States and Abroad.*Dallas, TX: National Staff Development Council; 2009.
- 125. American Dietetic Association, Society for Nutrition Education, American School Food Service Association. Position of the American Dietetic Association, Society for Nutrition Education, and American School Food Service Association. Nutrition services: an essential component of comprehensive school health programs. *Journal of Nutrition Education and Behavior* 2003;35(2):57–67.
- 126. Bauer KW, Patel A, Prokop LA, Austin Bryn S. Swimming upstream: faculty and staff members from urban middle schools in low-income communities describe their experience implementing nutrition and physical activity initiatives. *Preventing Chronic Disease* 2006;3(2):A37–A45.
- 127. Sullivan K, Harper M, West CK. *Professional Development Needs Reported by School Food Service Directors and Recommendations for Meeting Directors' Needs*. Oxford, MS: National Food Service Management Institute; 2000.