ADOPT THESE HEALTHY PET HABITS

Pets can be good for our health, but they can also carry germs that make people sick.
Pets can carry germs even if they look clean and healthy.
Learn how to enjoy pets while staying healthy!

Healthy Pet Habits

PICK THE RIGHT PET!

- Do your homework before getting a new pet.
- Some pets aren't safe for kids under 5, older adults, people with weakened immune systems, or pregnant women.

292568-A

Healthy Pet Habits

KEEP IT CLEAN!

- Wash hands after touching, feeding, or caring for your pets.
- Scoop the poop: clean up after pets in your house, yard, and in public places.

292568-B

Healthy Pet Habits

PLAY SAFELY!

- Don't kiss your pets or let them lick your face.
- Take care to avoid bites and scratches.
- Always supervise young children around pets.

292568-C

Healthy Pet Habits

TAKE YOUR PET TO THE VET!

- Regular veterinary visits help keep pets healthy, which helps keep you healthy.
- Take your pet to the vet if you think it might be sick.

292568-D

Remember, healthy pets = healthy people!

www.cdc.gov/healthypets

**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention