FACE YOUR Health

PRE-LEARNING SESSION CHECKLIST

4 to 6 Weeks in Advance Practice conducting a learning session. Attend training sessions, if offered. 2 to 4 Weeks in Advance Secure a meeting location and schedule the session. Promote the session to recruit participants. Reach out to local organizations and community partners. Invite women through word-of-mouth and social networks. Print and display Face Your Health posters in your community. Promote the session on your website and social media. Review the Face Your Health lesson plan and flip chart. Practice what you will say aloud. Practice using the games and reviewing the handouts. Call women to confirm. Confirm the meeting location. Make copies of the materials you need. Purchase or prepare snacks or gifts, if you are providing them. Gather session materials: flip chart, games, handouts, and follow-up forms. Day of Session Make reminder calls.		
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Day of Session Make reminder calls.	1 to 2 Days in Advance	 Practice what you will say aloud. Practice using the games and reviewing the handouts. Call women to confirm. Confirm the meeting location. Make copies of the materials you need.
For a group session, arrive air flour early to set up.	Day of Session	