

NOROVIRUS

What healthcare providers should know

What is norovirus?

A virus that can cause severe and sudden gastroenteritis (i.e., inflammation of the lining of the stomach and intestines). Both healthy and compromised persons can be affected.

What are the symptoms?

Nausea, vomiting, diarrhea, and some stomach cramping

Is it contagious?

Norovirus is very easily transmitted through contaminated hands, equipment/surfaces, or food/water

What can I do to prevent norovirus?

Always perform appropriate hand hygiene, particularly after contact with fecal material or after contact with anyone suspected /confirmed with norovirus. Wear gloves when caring for symptomatic patients.

If you have symptoms consistent with norovirus infection, stay home for a *minimum* of 48 hrs after symptom resolution

If an outbreak is suspected contact Infection Prevention and Control

► For more information, visit www.cdc.gov



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention