

YOUR HEAD + HIS SHOULDER DON'T MAKE A GREAT TEAM.

Nearly **65%** of
conussions in ice hockey
result from a **collision** with
another athlete.

Ask your coach for
concussion safety tips.



Source: Marar M, McIlvain NM, Fields SK, Comstock RD.
Epidemiology of concussions among United States high school
athletes in 20 sports. *Am J Sports Med.* 2012;40(4):747-755.

Learn more:
www.cdc.gov/HEADSUP


CDC HEADS UP
SAFE BRAIN. STRONGER FUTURE.

