



60%
of field hockey
concussions
result from being hit by
a stick or ball.

**STICK TO
SAFETY.**

**[Never swing or check
around another
player's head.]**

**Learn more:
www.cdc.gov/HEADSUP**



Source: Marar M, McIlvain NM, Fields SK, Comstock RD. Epidemiology of concussions among United States high school athletes in 20 sports. *Am J Sports Med.* 2012;40(4):747-755.